

**Syllabus for M.A. Pali**

**(A course applicable to students of the University Department)**

**From the Academic Year 2019–2020**

**Approved by the Ad-hoc Board of Studies in Pali Literature and Culture**

**Savitribai Phule Pune University**

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### **M.A. Pali**

#### **General Instructions about the Course, the Pattern of Examination and the Syllabus**

##### **I. General Instructions**

**I.1 General Structure:** M.A. Pali is a four-semester course offered by the Department of Pali and Buddhist Studies, Savitribai Phule Pune University. It contains sixty-four core credits plus ten additional credits of Skill Development, Cyber Security, and Human Rights Education. The course is to be completed within two years. It contains sixteen courses of four credits each. All the elective courses are also available for students doing any Master degree course in the university.

The Postgraduate (M.A.) course is a fulltime course. It is divided into two parts: M.A. Part I (consisting of two semesters: Semester I and Semester II) and M.A. Part II (consisting of two semesters: Semester III and Semester IV). The course will be conducted in the form of lectures, seminars, tutorials, group discussions, practice sessions and project work. Teaching of semesters, I and II will be sequential and also that of semesters III and IV. Syllabus of each course will be discussed in sixty clock hours (approximately) during each semester.

Students' understanding will be assessed on the basis of their performance on things, such as assignments, debate on conceptual issues, group discussion, essay writing, seminar presentation, tutorial writing, written and oral examination, etc.

Students are expected to maintain at least 75% attendance and to ensure their active participation in the class.

**I.2 Introduction:** The M.A. Pali course offers a deeper level understanding of the Buddhist literature available in Pali. It also introduces students to Buddhist literature in two other important languages, namely, Sanskrit and Tibetan. The syllabus of the course is designed in such a way that it gives holistic understanding of Buddhist literature along with its related fields, such as Comparative Linguistics and Philology, Philosophy (Indian and Western), Buddhist Art, Architecture and Epigraphy, Buddhist Psychology, and Engaged Buddhism. The course aims at providing a solid foundation in Buddhist literature, based on which students can pursue serious research in the field. It also prepares students for a bright academic career by enhancing their knowledge and capacities in different areas. Students completing this course together with a number of allied subjects mentioned above would have career openings in different fields, and could do path breaking work by connecting Buddhist literature with a number of other disciplines.

**I.3 Objectives:** The objectives of the M.A. Pali are:

- To provide thorough understanding of Pali language and literature with the help of extensive textual study of different genres
- To help students acquire foundational skills in Sanskrit and Tibetan with the purpose of encouraging comparative study
- To enable students to explore the vast field of Buddhist studies covering various other disciplines such as Linguistics, Philosophy, Psychology, Sociology, History, Epigraphy, etc.
- To inspire students to find out relevance of the ancient Buddhist wisdom in the modern world having multiple challenges

#### **I.4 Eligibility:**

- B.A. in Pali/Buddhist Studies as a special or general subject
- Or, B.A. in any subject with Advanced Diploma in Pali/Buddhist Studies or its equivalent
- Or, Graduate of any faculty with Higher Diploma in Pali/Buddhist Studies or its equivalent

**I.5 Duration:** The duration of the M.A. Pali will be two academic years consisting of four semesters of fifteen weeks each.

**I.6 Course Fee:** The Admission Fee for the course, the Tuition Fee for the entire course of two-year duration, Examination Fee, Record Fee, Statement of Marks, and other essential fees will be as per the rules and regulations of the Savitribai Phule Pune University.

#### **I.7. Teaching:**

- Medium of instruction - English
- Lectures - Four lectures and one tutorial/practical per course per week, i.e., twenty lectures per week for fifteen weeks in a semester

## **II. Pattern of Examination**

#### **II.1 Assessment and Evaluation:**

- An M.A. student will be assessed for his/her performance at a written test of 1600 marks, i.e., sixteen courses of 100 marks each.
- For each semester there will be an external examination of 50 marks and an internal examination of 50 marks per course.
- The external examination will be held at the end of each semester.
- The internal assessment will be carried out throughout the semester.

- The nature of the internal assessment varied. It will include at least three components out of written test, essay writing, group discussion, seminar presentation, tutorial writing, debate on conceptual issues, and oral exam.

## **II.2 Passing:**

- To pass the M.A. examination a candidate must obtain 40% of the total marks in each of the external and internal examination (i.e., separate passing: 20 in external and 20 in internal examination)
- Or, aggregate 40% marks with at least 30% marks in either external or internal examination (i.e., 15 marks out of 50)
- Those of the successful candidates will be given appropriate grades in accordance with the grading pattern accepted by the university.

## **II.3 Question Pattern:**

- External written examination (50 marks): Long answer, short answer, short note, translation, reference to context, etc.
- Internal examination (50 marks): At least three components out of written test, essay writing, group discussion, seminar presentation, tutorial writing, debate on conceptual issues, open book test, oral exam, etc.

## **III. Syllabus**

**III.1 Outline:** For all the four semesters first three core courses are compulsory. The remaining courses marked with an asterisk (\*) from the fourth course onwards in each semester are elective courses. Students can select any one course out of these elective courses.

*(Note: 1. All the elective courses will be also available to students from other departments.*

*2. Students are expected to choose at least one elective course per semester. They are also free to take additional credits by choosing other elective courses from within the subject or from outside.)*

**Semester I**  
**(Core Courses)**

- PA I.1: Milindapañha I  
PA I.2: Suttanipāta - Uragavagga  
PA I.3: Vinayapiṭaka - Mahāvagga

**Semester I**  
**(Elective Courses)**

- \*PA I.4: Mahāvastu  
\*PA I.5: Moggallāna Vyākaraṇa - Syādikaṇḍa and Itthipaccaya  
\*PA I.6: Elementary Course in Reading Pali I  
\*PA I.7: Introduction to Buddhism and Its Socially Engaged Aspects  
\*PA I.8: Introduction to Buddhist Psychological Ideas  
\*PA I.9: Buddhist Art and Architecture I

**(Note: 1. To opt for the elective course \*PA I.4 Mahāvastu the knowledge of Sanskrit language is essential.**

**2. To opt for the elective course \*PA I.5 Moggallāna Vyākaraṇa - Syādikaṇḍa and Itthipaccaya the knowledge of Pali language is essential.)**

**Semester II**  
**(Core Courses)**

- PA II.1: Milindapañha II  
PA II.2: Suttanipāta - Mahāvagga  
PA II.3: Vinayapiṭaka - Cūllavagga

**Semester II**  
**(Elective Courses)**

- \*PA II.4: Kāvya Literature: Jinacarita, Vuttodaya, Subodhālaṃkāra  
\*PA II.5: Moggallāna Vyākaraṇa - Samāsakaṇḍa  
\*PA II.6: Elementary Course in Reading Pali II  
\*PA II.7: Interdisciplinary Role of Buddhism  
\*PA II.8: Methods of Mind Cultivation  
\*PA II.9: Buddhist Art and Architecture II

**(Note: 1. To opt for the elective course \*PA II.4 Kāvya Literature: Jinacarita, Vuttodaya, Subodhālaṃkāra the knowledge of Pali language is essential.**

**2. To opt for the elective course \*PA II.5 Moggallāna Vyākaraṇa – Samāsakaṇḍa the knowledge of Pali language is essential.**

3. To opt for the elective course \*PA II.6 Elementary Course in Reading Pali II it is mandatory to pass the elective course \*PA I.6: Elementary Course in Reading Pali I.

4. To opt for the elective course \*PA II.9: Buddhist Art and Architecture II it is mandatory to pass the elective course \*PA I.9: Buddhist Art and Architecture I.)

### **Semester III**

#### **(Core Courses)**

PA III.1: Abhidhammatthasaṅgaha with Navanītaṭīkā I

PA III.2: Dīghanikāya

PA III.3: Bhikkhu and Bhikkhunī Pātimokkha

### **Semester III**

#### **(Elective Courses)**

\*PA III.4: Visuddhimagga

\*PA III.5: Moggallāna Vyākaraṇa - Nādikāṇḍa

\*PA III.6: Basic Structure of Buddhist Classical Tibetan

\*PA III.7: Resurgence of Buddhism in India

\*PA III.8: Modern Psychological Ideas Relevant to Buddhist Psychology

\*PA III.9: Buddhist Epigraphy I

\*PA III.10: Buddhism and Indian Philosophy

\*PA III.11: Comparative Linguistics

**(Note:** 1. To opt for the elective course \*PA III.4: Visuddhimagga the knowledge of Pāli language is essential.

2. To opt for the elective course \*PA III.5: Moggallāna Vyākaraṇa - Nādikāṇḍa the knowledge of Pali language is essential.)

### **Semester IV**

#### **(Core Courses)**

PA IV.1: Abhidhammatthasaṅgaha with Navanītaṭīkā II

PA IV.2: Majjhimanikāya

PA IV.3: Advanced Research Methods and Training

### **Semester IV**

#### **(Elective Courses)**

\*PA IV.4: Vaṃsa Literature - Mahāvāṃsa

\*PA IV.5: Moggallāna Vyākaraṇa - Tyādikaṇḍa

\*PA IV.6: Advanced Structure of Buddhist Classical Tibetan and Translation Techniques

\*PA IV.7: Buddhism in The Modern World

\*PA IV.8: Methods of Mind Cultivation

\*PA IV.9: Buddhist Epigraphy II

\*PA IV.10: Buddhism and Western Philosophy

\*PA IV.11: Comparative Philology

(**Note:** 1. *To opt for the elective course \*PA IV.4: Vamsa Literature - Mahāvamsa the knowledge of Pāli language is essential.*)

2. *To opt for the elective course \*PA IV.5: Moggallāna Vyākaraṇa – Tyādikaṇḍa the knowledge of Pali language is essential.*

3. *To opt for the elective course \*PA IV.6: Buddhist Classical Tibetan Reading it is mandatory to pass the elective course \*PA III.6: Elementary Classical Tibetan.*

4. *To opt for the elective course \*PA IV.9: Buddhist Epigraphy II it is mandatory to pass the elective course \*PA III.9: Buddhist Epigraphy I.)*

### **III.2 Detailed Syllabus**

#### **Semester I**

#### **(Core Courses)**

#### **PA I.1: Milindapañha I**

Credit 1: Introduction to Milindapañha and survey of modern research; Mahāvaggo (pp. 22–38)

Credit 2: Addhānavaggo (pp. 39–49)

Credit 3: Vicāravaggo (pp. 50–65)

Credit 4: Nibbānavaggo (pp. 66–73)

(**Note:** *Page numbers are according to Vipassana Research Institute edition.*)

#### **Text books:**

1. 1998. *Suttapiṭake Khuddakanikāye Milindapañhapāḷi*. Igatpuri: Vipassana Research Institute.
2. Trenckner, V., ed. 1997. *The Milindapañho*. Oxford: The Pali Text Society.
3. Vadekar, R. D., ed. 1972. *Milindapañho*. Bombay: University of Bombay.

#### **Reference books:**

1. Deshpande, Madhav M., ed. 1999. *Milindapañha-Aṭṭhakathā*. Tokyo: The International Institute for Buddhist Studies.
2. Horner, I. B., trans. 1996. *Milinda's Questions*. Vol. 1. Oxford: The Pali Text Society.
3. Kashyap, Bhikshu J., trans. 2013. *Milinda-prasna*. Delhi: Buddhist World Press.
4. Mendis, N. K. G., ed. 1993. *The Questions of King Milinda: An Abridgement of the Milindapañha*. Srilanka: Buddhist Publication Society.

5. Pagare, Ramji Devachanda, and Sadananda Sthavir, trans. 1998. *Milindaprasna*. Nagpur: Sugata Prakashan.
6. Pesala, Bhikkhu. 1998(1891). *The Debate of King Milinda: An Abridgement of the Milindapañha*. Delhi: Motilal Banarsidass.
7. Rhys Davids, T. W., trans. 1997(1890). *The Questions of King Milinda*. Vol. 35, in *The Sacred Books of the East*, edited by F. Max Müller. Delhi: Motilal Banarsidass Publishers Private Limited.
8. Śāstrī, Swāmī Dwārikādāsa, ed. 1998. *Milindapañhapāli with Hindi Translation*. Translated by Swāmī Dwārikādāsa Śāstrī. Varanasi: Bauddha Bharati.

**E-sources:**

1. The Debate of King Milinda – Bhikkhu Pesala:  
[http://www.buddhanet.net/pdf\\_file/milinda.pdf](http://www.buddhanet.net/pdf_file/milinda.pdf)
2. The Questions of King Milinda – T. W. Rhys Davids:  
<https://static.sirimangalo.org/pdf/rdquestions1.pdf>
3. The Questions of King Milinda: An Abridgement of the Milindapañha - N. K. G. Mendis:  
[https://www.bps.lk/olib/bp/bp217s\\_Mendis\\_Questions-of-King-Melinda.pdf](https://www.bps.lk/olib/bp/bp217s_Mendis_Questions-of-King-Melinda.pdf)

**PA I.2: Suttanipāta - Urugavagga**

Credit 1: Introduction to Suttanipāta and survey of modern research; suttas 1–3 in the light of the commentary

Credit 2: Suttas 4–6 in the light of the commentary

Credit 3: Suttas 7–9 in the light of the commentary

Credit 4: Suttas 10–12 in the light of the commentary

**Text books:**

1. 1995. *Suttaṭṭhake Khuddakanikāye (Itivuttakapāli, Suttanipātapāli)*. Igatpuri: Vipassana Research Institute.
2. Andersen, Dines, and Helmer Smith, eds. 1997. *Suttanipāta*. Oxford: The Pali Text Society.
3. Chaudhary, Anraj, ed. 1974–1975. *Suttanipāta-aṭṭhakathā*. 2 Vols. Nalanda: Nava Nalanda Mahavihar.
4. Kashyap, Bhikkhu J., ed. 2017(1959). *Khuddakanikāya (Khuddakapāṭha-Dhammapada-Udāna-Itivuttaka-Suttanipāta)*. Nalanda: Nava Nalanda Mahavihara.

**Reference books:**



1. 1995. *Khuddaka-Nikāye Paramatthajotikā Suttanipāta-Aṭṭhakathā (Paṭhamo Bhāgo)*. Igatpuri: Vipassana Research Institute.
2. Bodhi, Bhikkhu, trans. 2017. *Suttanipāta: An Ancient Collection of the Buddha's Discourses Together with Its Commentaries Paramatthajotikā II and Excerpts from the Niddesa*. London: The Pali Text Society.
3. Chaudhary, Angraj, trans. 2019. *Suttanipāta-Aṭṭhakathā Bhāga - 1*. Igatpuri: Vipassana Research Institute.
4. Dharmarakshita, Bhikshu, trans. 1995(1983). *Suttanipāta*. Delhi: Motilal Banarsidass Publishers Private Limited.
5. Dharmaratna, Bhikshu, trans. 1951. *Suttanipāta*. Saranath: Mahabodhi Sabha.
6. Fausböll, V, trans. 2004(1965). *The Suttanipāta: A Collection of Discourses*. Vol. 10, in *The Sacred Books of the East*, edited by F. Max Müller. Delhi: Motilal Banarsidass Publishers Private Limited.
7. Norman, K. R., trans. 2006(2001). *The Group of Discourses (Suttanipāta)*. Lancaster: The Pali Text Society.
8. Pathak, O. P., ed. 2004. *Suttanipāta*. Translated by O. P. Pathak. Delhi and Varanasi: Bharatiya Vidya Prakashan.
9. Śāstrī, Swāmī Dwārikādāsa, ed. 2005. *Suttanipātapāli*. Translated by Swāmī Dwārikādāsa Śāstrī. Varanasi: Bauddha Bharati.
10. Vimalakīrti, ed. 2015. *Suttanipāta*. Translated by Vimalakīrti. Delhi: Samyak Prakashan.

#### **E-sources:**

1. Suttanipāta - K. R. Norman:  
[http://www.ahandfulofleaves.org/documents/SuttaNipata\\_Norman\\_1997-2001.pdf](http://www.ahandfulofleaves.org/documents/SuttaNipata_Norman_1997-2001.pdf)
2. Suttanipata - Laurence Khantipalo Mills:  
<http://ftp.budaedu.org/ebooks/pdf/EN391.pdf>
3. Suttanipata - K. T. S. Sarao:  
[https://www.researchgate.net/publication/315852747\\_Sutta-Nipata](https://www.researchgate.net/publication/315852747_Sutta-Nipata)
4. Suttanipata - Lesley Fowler Lebkowicz and Tamara Ditrich with Primoz Pecenko:  
[http://www.dhammatalks.net/Books4/SuttaNipata\\_The\\_Way\\_Things\\_Really\\_Are.pdf](http://www.dhammatalks.net/Books4/SuttaNipata_The_Way_Things_Really_Are.pdf)

#### **PA I.3: Vinayapiṭaka - Mahāvagga**

Credit 1: Introduction to Vinayapiṭaka with special reference to Mahāvagga and survey of modern research; Mahākhandhako (pp.1–13)

Credit 2: Mahākhandhako (pp.13 [Dhammacakkapavattanasutta]–27)

Credit 3: Mahākhandhako (pp.27 [Bhaddavaggiyavatthu]–40)

Credit 4: Mahākhandhako (pp.40 [Bimbisārasamāgamakathā]–49)

(Note: Page numbers are according to Vipassana Research Institute edition.)

**Text books:**

1. 1998. *Vinayapiṭake Mahāvaggapāli*. Igatpuri: Vipassana Research Institute.
2. Kashyap, Bhikshu J., ed. 2017(1956). *Vinayapiṭaka (Mahāvagga)*. Nalanda: Nava Nalanda Mahavihara.
3. Oldenberg, Hermann, ed. 1997. *The Vinayapiṭakam: One of the Principal Buddhist Holy Scripture in the Pāli Language*. Vol. 1. Oxford: The Pali Text Society.

**Reference books:**

1. Horner, I. B., trans. 1982. *The Book of the Discipline (Vinaya-Piṭaka)*. Vol. 4. London: The Pali Text Society.
2. Moray, M. S., trans. 2010. *Vinayapiṭaka: Bhāga 2 - Mahāvagga*. Aurangabada: Kaushalya Prakashan.
3. Rhys Davids, T. W., and Hermann Oldenberg, trans. 2003(1885). *Vinaya Texts: Part I - The Pātimokkha, The Mahāvagga I-IV*. Vol. 13, in *The Sacred Books of the East*, edited by F. Max Müller. Delhi: Motilal Banarsidass Publishers Private Limited.
4. Sankrityayana, Rahula, trans. 1994. *Vinaya-Piṭaka*. Varanasi: Kashi Vidyapith.
5. Śāstrī, Swāmī Dwārikādās, ed. 1998. *Mahāvaggapāli*. Translated by Swāmī Dwārikādās Śāstrī. Varanasi: Bauddha Bharati.

**E-sources:**

1. The Book of Discipline – I B. Horner:  
<https://archive.org/details/I.B.Horner-Vinaya-Pitaka/I.B%20Horner%20-%20Vinaya%20Pitaka%20vol%204%20-%20Mahavagga>
2. The Vinaya Piṭaka: The Mahāvagga – K. R. Norman:  
<https://static.sirimangalo.org/pdf/mahavagga.pdf>
3. The Vinaya Piṭaka: The Mahāvagga – Hermann Oldenberg:  
<https://static.sirimangalo.org/pdf/mahavagga.pdf>
4. The Great Chapter – Bhikkhu Ananda:  
<https://www.ancient-buddhist-texts.net/Buddhist-Texts/V3-Mahakhandhako/Mahakhandhako.pdf>

**Semester I**  
**(Elective Courses)**

#### **\*PA I.4: Mahāvastu**

Credit 1: Introduction to Mahāvastu and survey of modern research; Triśakunīya Jātaka (Vol. I, pp. 218–228); Markaṭa Jātaka (Vol. II, pp. 311–315)

Credit 2: Śyamāka Jātaka (Vol II, pp. 259–287)

Credit 3: Kinnarī Jātaka (Vol II, pp. 131–150)

Credit 4: Nalini Jātaka (Vol. III, pp. 174–185)

(**Note:** Page numbers are according to the Soka University edition. For Triśakunīya Jātaka, page numbers are according to the Mithila Institute edition.)

#### **Text books:**

1. Basak, Radhagovind, ed. 2003–2004. *Mahāvastu Avadāna*. 3 Vols. Darbhanga: The Mithila Institute of Post-Graduate Studies and Research in Sanskrit Learning, Darbhanga.
2. Marciniak, Katarzyna, ed. 2019–2020. *The Mahāvastu: A New Edition*. Vols. 2–3. Tokyo: The International Research Institute for Advanced Buddhology, Soka University.

#### **Reference books:**

1. Jones, J. J., trans. 1949–1956. *Mahāvastu*. 3 Vols. London: Luzac and Company
2. Law, B. C. 2011. *Study of the Mahāvastu*. New Delhi: New Bharatiya Book Corporation.
3. Telwatte, Rahul. 1978. *A Critical Study of The Mahāvastu*. Delhi: Motilal Banarsidass.

#### **E-sources:**

1. A Bibliography of the Mahāvastu-Avadāna - Akira Yuyama:  
<https://www.jstor.org/stable/pdf/24650382.pdf>
2. Mahāvastu-avadāna, 3 Vols. - E. Senart:  
[http://gretil.sub.uni-goettingen.de/gretil/1\\_sanskrit/4\\_rellit/buddh/mhvastuu.htm](http://gretil.sub.uni-goettingen.de/gretil/1_sanskrit/4_rellit/buddh/mhvastuu.htm)
3. The Mahāvastu and the Vinaya-piṭaka of the Mahāsāṃghika-Lokottaravādin – Vincent Tournier:  
<https://eprints.soas.ac.uk/17113/1/Tournier%20Mvu%20Vin%20Lok%20ARIRIAB%20XV%202012.pdf>
4. The Mahāvastu: A New Edition, Vol. 2 – Katarzyna Marciniak:  
[http://iriab.soka.ac.jp/content/pdf/bppb/Vol.%20XIV,2.%20Katarzyna%20Marciniak,%20The%20Mah%20C4%81vastu.%20A%20New%20Edition.%20Vol.%20II.%20\(200\)%20ISBN%20978-4-904234-19-8.pdf](http://iriab.soka.ac.jp/content/pdf/bppb/Vol.%20XIV,2.%20Katarzyna%20Marciniak,%20The%20Mah%20C4%81vastu.%20A%20New%20Edition.%20Vol.%20II.%20(200)%20ISBN%20978-4-904234-19-8.pdf)

5. The Mahāvastu: A New Edition, Vol. 3 – Katarzyna Marciniak:  
[http://iriab.soka.ac.jp/content/pdf/bppb/Vol.%20XIV,1.%20Katarzyna%20Marciniak,%20The%20Mah%20C4%81vastu.%20A%20New%20Edition.%20Vol.%20III.%20\(2019\)%20ISBN%20978-4-904234-18-1.pdf](http://iriab.soka.ac.jp/content/pdf/bppb/Vol.%20XIV,1.%20Katarzyna%20Marciniak,%20The%20Mah%20C4%81vastu.%20A%20New%20Edition.%20Vol.%20III.%20(2019)%20ISBN%20978-4-904234-18-1.pdf)
6. The Mahāvastu, Vol. 1 – J. J. Jones:  
[https://ia601406.us.archive.org/4/items/mahavastuijjones\\_202003\\_154\\_/Mah%20C4%81vastu-I%20-%20JJ%20Jones.pdf](https://ia601406.us.archive.org/4/items/mahavastuijjones_202003_154_/Mah%20C4%81vastu-I%20-%20JJ%20Jones.pdf)
7. The Mahāvastu, Vol. 2 – J. J. Jones:  
[https://ia801403.us.archive.org/2/items/mahavastuijjones\\_202003\\_251\\_h/Mah%20C4%81vastu-II%20-%20JJ%20Jones.pdf](https://ia801403.us.archive.org/2/items/mahavastuijjones_202003_251_h/Mah%20C4%81vastu-II%20-%20JJ%20Jones.pdf)
8. The Mahāvastu, Vol. 3 – J. J. Jones:  
<https://ia801603.us.archive.org/6/items/in.ernet.dli.2015.49730/2015.49730.The-Mahavastu-Vol-3-1960.pdf>
9. The Study of Mahāvastu – Bimala Churn Law:  
<https://ia601602.us.archive.org/25/items/in.ernet.dli.2015.91601/2015.91601.A-Study-The-Mahavastu.pdf>

**\*PA I.5: Moggallāna Vyākaraṇa - Syādikaṇḍa and Itthipaccaya**

Credit 1: Introduction to Syntax; Kāraka (rules II.1–II.8)

Credit 2: Kāraka (rules II.9–II.27)

Credit 3: Kāraka (II.28–II.42)

Credit 4: Itthipaccaya (III.26–III.39); Translation and Composition

**Text book:**

Kausalyayana, Ananda, ed. 1965. *Moggallāna Vyākaraṇa*. Translated by Ananda Kausalyayana. Hoshiarpur: Vishveshvaranand Vaidik Shodh Sansthan.

**Reference books:**

1. Deokar, Mahesh A. 2008. *Technical Terms and Techniques of the Pali and Sanskrit Grammars*. Varanasi: Central Institute of Higher Tibetan Studies.
2. Gornall, A. 2013. “Buddhism and Grammar: The Scholarly Cultivation of Pali in Medieval Laṅka,” diss., University of Cambridge.
3. Gornall, Alastair, and Aleix Ruiz-Falqués. 2019. *Scholars of Premodern Pali Buddhism*. Vols. 2 - Lives, in *Brill’s Encyclopedia of Buddhism*, edited by Jonathan A. Silk, Richard Bowring Vincent Eltschinger, and Michael Radich, 420–436. Leiden and Boston: Brill.

4. Gornall, Alastair, and Amal Gunasena. 2018. "A History of the Pali Grammatical Tradition of South and Southeast Asia by Vaskaḍuvē Subhūti (1876), Part I." *Journal of the Pali Text Society* 33: 1–53.
5. Kashyap, Bhikshu Jagdish. 1993(1963). *Pāli Mahāvyaākaraṇa*. Delhi: Motilal Banarsidass.
6. Pind, O. H. 2012. "Pāli Grammar and Grammarians from Buddhaghosa to Vajirabuddhi: A Survey." *Journal of the Pali Text Society* 31: 57–124.
7. Tiwari, Laxminarayana, and Birbal Sharma, eds. 1959. *Kaccāyana Vyākaraṇa*. Varanasi: Tara Book Agency.

**E-sources:**

A History of the Pali Grammatical Tradition of South and Southeast Asia by Vaskaḍuvē Subhūti (1876), Part I – Alastair Gornall and Amal Gunasena:

[https://www.academia.edu/41678289/2018\\_with\\_Amal\\_Gunasena\\_A\\_History\\_of\\_the\\_Pali\\_Grammatical\\_Traditions\\_of\\_South\\_and\\_Southeast\\_Asia\\_by\\_Vaska%20%281876%29\\_Part\\_I\\_Journal\\_of\\_the\\_Pali\\_Text\\_Society\\_33\\_2018\\_1\\_53](https://www.academia.edu/41678289/2018_with_Amal_Gunasena_A_History_of_the_Pali_Grammatical_Traditions_of_South_and_Southeast_Asia_by_Vaska%20%281876%29_Part_I_Journal_of_the_Pali_Text_Society_33_2018_1_53)

**\*PA I.6: Elementary Course in Reading Pali I**

Credit 1: Alphabets, rules of phonetic change; classes of verbs - First and second; nominal cases - Nominative and accusative; present tense - Active voice

Credit 2: Classes of verbs - Third and fourth; imperative mood and past tense; nominal cases - instrumental and dative; classes of verbs - Fifth and sixth

Credit 3: Optative mood and future tense; nominal cases - Ablative and genitive; classes of verbs - Seventh and eight; conditional mood

Credit 4: Nominal cases - Locative and vocative; classes of verbs - Ninth and tenth; prefixes; adjectives

**Text books:**

1. Dhammajoti, KL. 2018. *Reading Buddhist Pāli Texts: An Elementary Grammatical Guide*. Hong Kong: The Buddha-dharma Centre of Hong Kong.
2. Joshi, J. R., and D. G. Koparkar. 1985. *Introduction to Pali*. Pune : University of Pune.
3. Tungar, N. V. 2012 (1939). *Pali Bhasha Pravesh (Being a Graduate Course of Pali for Beginners)*. Pune: Pali Vihaga Pune Vidyapitha.

**Reference books:**

1. Collins, Steven. 2006. *A Pali Grammar for Students*. Thailand: Silkworm Books.

2. Geiger, Wilhelm. 2000. *A Pāli Grammar*. Edited by K. R. Norman. Translated by Batakrishna Ghosh. Oxford: The Pali Text Society.
3. de Silva, Lily. 1999. *Pāli Primer*. Igatpuri: Vipassana Research Institute.
4. Vidyabhushan, N. C., and M. K. Ghose. 1982. *A Pali Grammar*. Varanasi: Indological Book House.

**E-sources:**

1. A Practical Grammar of Pali Language - Charles Duroiselle:  
[http://www.buddhanet.net/pdf\\_file/paligram.pdf](http://www.buddhanet.net/pdf_file/paligram.pdf)
2. A Practical Guide to Pali Grammar – Ānandajoti Bhikkhu:  
<https://www.ancient-buddhist-texts.net/Textual-Studies/Grammar/Guide-to-Pali-Grammar.htm>
3. Elementary Pali Course – Ven. Narada Thera:  
[http://www.buddhanet.net/pdf\\_file/ele\\_pali.pdf](http://www.buddhanet.net/pdf_file/ele_pali.pdf)
4. Introduction to Pali - A. K. Warder:  
[http://www.ahandfulofleaves.org/documents/Introduction%20to%20Pali\\_Warder.pdf](http://www.ahandfulofleaves.org/documents/Introduction%20to%20Pali_Warder.pdf)
5. Pali Primer – Lily de Silva:  
<https://www.vridhamma.org/The-Pali-Primer>

**\*PA I.7: Introduction to Buddhism and Its Socially Engaged Aspects**

Credit 1: Buddha’s life and fundamental teachings; socially engaged aspects of Buddhism (from Theravāda and Mahāyāna sources): Rational approach; inefficacy of rites and rituals in spiritual life; Bodhisattva ideal

Credit 2: Socially engaged aspects of Buddhism (from Theravāda and Mahāyāna sources): Ideal social order - Refutation of caste and gender inequality, interpersonal relationship based on equality, householder’s discipline and monastic order

Credit 3: Socially engaged aspects of Buddhism (from Theravāda and Mahāyāna sources): Ideal political order - Concept of a Dharmacakravartī and republican polity; ideal economic life - No glorification of poverty, economic life based on the principle of sharing

Credit 4: Contemporary issues before Buddhism: Compatibility with science; karma and rebirth; capitalism and communism; caste and gender inequalities; environmental crisis; post-modernism; conflict resolution and world peace

**Text books:**

1. Gethin, Rupert. 1998. *The Foundation of Buddhism*. Oxford: Oxford University Press.

2. Harvey, Peter. 2015. *Common Buddhist Text: Guidance and Insight from the Buddha*. Bangkok: Mahachulalongkorn-rajavidyalaya University (MCU).
3. Narada. 1988 (1964). *The Buddha and His Teachings*. Malaysia: BMS.
4. Narasu, P. L. 1993. *The Essence of Buddhism*. Delhi: Asian Education Services.

**Reference books:**

1. Ambedkar, B. R. 1984 (1957). *The Buddha and His Dhamma*. Bombay: Siddharth Publications.
2. Chakravarti, Uma. 1987. *The Social Dimensions of Early Buddhism*. New Delhi: Oxford University Press.
3. Harvey, Peter. 1990. *An Introduction to Buddhism: Teachings, History and Practices*. Cambridge: Cambridge University Press.
4. Sangharakshita. 2011. *A Guide to the Buddhist Path*. Birmingham: Windhors Publications.

**E-Sources:**

1. A Guide to the Dalai Lama's Teachings on Dependent Arising and the Wheel of Life – Jeffrey Hopkins:  
<https://dharma.net.org/coursesM/30/1.html>
2. The Buddha and His Dhamma – B. R. Ambedkar:  
[http://www.columbia.edu/itc/mealac/pritchett/00ambedkar/ambedkar\\_buddha/](http://www.columbia.edu/itc/mealac/pritchett/00ambedkar/ambedkar_buddha/)
3. Bodhisattvas of Compassion - Taigen Dan Leighton:  
<https://dharma.net.org/coursesM/31/1.html>
4. DharmaNet - Learning Resource Centre:  
<https://dharma.net.org/>
5. The Buddha and His Teachings – Narada:  
[http://www.buddhanet.net/pdf\\_file/buddha-teachingsurw6.pdf](http://www.buddhanet.net/pdf_file/buddha-teachingsurw6.pdf)
6. Pali Sutta in translation:  
<https://suttacentral.net/>
7. Pali Tipiṭaka in translation:  
<https://www.accesstoinsight.org/tipitaka/vin/index.html>
8. Vision and Transformation – Sangharakshita:  
<https://www.sangharakshita.org/books/vision-transformation.pdf>
9. A Guide to the Buddhist Path – Sangharakshita:  
<https://schneider-aa0f1.firebaseio.com/as422/a-guide-to-the-buddhist-path-ysangharakshita-0904766357.pdf>

10. The Buddha's Teaching as It Is - Bhikkhu Bodhi:

<https://dharma.net.org/coursesM/23/1.html>

11. Pali Sutta in translation - *Aggañña-sutta*, *Ambaṭṭha-sutta*, *Attadaṇḍa-sutta*, *Brahmajāla-sutta*, *Kalahavivāda-sutta*, *Kālāma-sutta*, *Kūṭadanta-sutta*, *Madhupiṇḍika-sutta*, *Rāhulovāda-sutta*, *Tevijja-sutta*, *Vāseṭṭha-sutta*, *Vasala-sutta* and important passages from *Vinaya Piṭaka*; *Paṭiccasamuppāda* and its various interpretations in Pali text:

<https://suttacentral.net/>

**\*PA I.8: Introduction to Buddhist Psychological Ideas**

Credit 1: Review of Buddhist ideas relevant to Psychology - Buddha's quest for the solution of problem of suffering; causal analysis of suffering (Sammāsana and Paṭiccasamuppāda), primacy of mind; goal of Buddhism, the nature of Nibbāna; Paramatthadhamma (essential elements of reality): Citta (mind), Cetasika (mental factors), Rūpa (material factors), Nibbāna (liberation); allied issues: Kamma and rebirth, Abhiññā (psychic powers), stages of mental development, metaphysical and psychological nature of Nibbāna

Credit 2: Nature of human being according to Buddhism - Nāma (mind) and Rūpa (body), and their relation to each other; Pañcakkhandha (five aggregates): Rūpakkhandha (material aggregate) and Arūpakkhandha (immaterial aggregates); Rūpakkhandha (material aggregate): Material categories, origin of material properties (Samuṭṭhāna), material formation; Arūpakkhandha (immaterial aggregates): Vedanā (feeling), Saññā (perception), Saṅkhāra (volitional activity), Viññāṇa (cognition); Paṭiccasamuppāda (law of interdependent co-arising) with special reference to mind-matter relationship; Citta, Cetasika and Rūpa (mind, mental factors, and material aggregate); Āyatana (spheres); Dhātu (elements); allied issues: Khandha (aggregates), Puggala (individual) and Anattā (non-self); Carita (personality traits): Six personality traits; the concept of ideal person: Characteristics of Arhat, Bodhisatta, and Buddha

Credit 3: Mind and mental factors - Citta and Cetasika - Citta (mind): Levels of mind (Bhūmī: Kāmāvacara, Rūpāvacara, Arūpāvacara, and Lokuttara), types of mind (Jāti: Kusala, Akusala, Vipāka, and Kiriya); Cetasika (mental factors): Aññasamāna (ethically variable), Akusala (unwholesome), Sobhana (beautiful)

Credit 4: Cognition and emotion - Cognition: Cittavīthi (cognitive process); three levels of cognition: Saññā (perception), Viññāṇa (cognition) and Paññā (insight); speculative and non-speculative cognitive process: Papañca (proliferation of thought) and Yathābhūtañāḍassana (knowing and seeing things as they are); emotion: Buddhist model of emotion - Cetasika



(mental factors): Sobhana (wholesome) and Akusala (unwholesome); emotional intelligence: Role of Manasikāra (mode of attention - Yoniso [proper] and Ayoniso [improper]); role of Sati (mindfulness) and Sampajañña (understanding)

**Text books:**

1. Jayasuriya, W. F. 2016(1963). *The Psychology and Philosophy of Buddhism: An Introduction to the Abhidhamma*. Kuala Lumpur: Priyatti.
2. Mahathera, Narada. 2013(1956). *A Manual of Abhidhamma (Abhidhammatthasaṅgaho: An Outline of Buddhist Philosophy)*. Kolkata: Maha Bodhi Book Agency.
3. Rhys Davids, C. A. F. 1924. *Buddhist Psychology: An Inquiry into the Analysis and Theory of Mind in Pali Literature*. London: Luzac and Co.

**Reference books:**

1. Boisvert, Matheiu. 1997. *Five Aggregates: Understanding Theravada Psychology and Soteriology*. Delhi: Sri Satguru Publications.
2. Dharmarakshita, Bhikkhu, trans. 2008. *Visuddhimagga Bhāga – 1 & 2*. New Delhi: Samyak Prakashan.
3. Güenther, Herbert V. 1999. *Philosophy and Psychology in the Abhidhamma*. Delhi: Motilal Banarsidass Publishers Pvt. Ltd.
4. Karunadasa, Y. 2010. *The Theravada Abhidhamma: Its Inquiry into the Nature of Conditioned Reality*. Hong Kong: Centre of Buddhist Studies.
5. Rhys Davids, C. A. F. 2004. *Buddhist Manual of Psychological Ethics*. Oxford: The Pali Text Society.
6. Sangharakshita. 2012. *Know Your Mind: The Psychological Dimension of Ethics in Buddhism*. Cambridge: Windhorse Publications.
7. Sircar, Rina. 1999. *The Psycho-ethical Aspects of the Abhidhamma*. Lanham: University Press of America.
8. Thera, Nyanaponika. 1998. *Abhidhamma Studies: Buddhist Explorations of Consciousness and Time*. Kandy: Wisdom Publication.
9. Tripāṭhī, Rāmsaṅkara, ed. 1991–1992. *Abhidhammatthasaṅgaho (Paṭhamo- Dutiyo Bhāgo)*. Translated by Bhadanta Rewatadhamma and Rāmsaṅkara Tripāṭhī. Varanasi: Sampurnananda Sanskrit University.

**E-Sources:**

1. A Manual of Abhidhamma - Narada Maha Thera:  
[http://www.buddhanet.net/pdf\\_file/abhidhamma.pdf](http://www.buddhanet.net/pdf_file/abhidhamma.pdf)

2. Buddhist Dictionary (Manual of Buddhist Terms and Doctrines) - Venerable Nyanatiloka:  
<http://ftp.budaedu.org/ebooks/pdf/EN012.pdf>
3. Five Aggregates: Understanding Theravada Psychology and Soteriology - Matheiu Boisvert:  
[http://www.ahandfulofleaves.org/documents/The%20Five%20Aggregates\\_Understanding%20Theravada%20Psychology%20and%20Soteriology\\_Boisvert.pdf](http://www.ahandfulofleaves.org/documents/The%20Five%20Aggregates_Understanding%20Theravada%20Psychology%20and%20Soteriology_Boisvert.pdf)
4. The Theravada Abhidhamma: Its Inquiry into the Nature of Conditioned Reality - Y. Karunadasa:  
[https://www.bps.lk/olib/bp/bp439s\\_Karunadasa\\_Theravada-Abhidharma.pdf](https://www.bps.lk/olib/bp/bp439s_Karunadasa_Theravada-Abhidharma.pdf)
5. Visuddhimagga: Path of Purification - Bhikkhu Nanamoli:  
<https://www.accesstoinight.org/lib/authors/nanamoli/PathofPurification2011.pdf>
6. Buddhist Psychology – Andrew Olendzki:  
<https://www.sunypress.edu/pdf/60757.pdf>
7. Buddhist Psychology – Ayukusala Thera:  
[http://www.ayurama.eu/pdf/buddh\\_psychology.pdf](http://www.ayurama.eu/pdf/buddh_psychology.pdf)
8. Visuddhimagga Path of Purification – Bhikkhu Nanamoli:  
<https://www.accesstoinight.org/lib/authors/nanamoli/PathofPurification2011.pdf>

**\*PA I.9: Buddhist Art and Architecture I**

Credit 1: Buddhist art - Introduction to Buddhist art; Buddhist symbols: Concept, important Buddhist symbols: Dharmacakra, Bodhivṛkṣa, Buddhapāda, Triratna, Padma; Buddhist narrative art: Incidents from the life of Buddha; Jātaka stories: Concept, significance, Buddhist narratives and literature, visual representation

Credit 2: Buddhist sculptural art - Introduction to Buddhist sculptural art; Buddha images: Concept, features and different types; brief introduction to different schools of Buddhist art: Gāndhāra, Mathurā and Sāranātha; brief introduction to Buddhist bronze art

Credit 3: Structural Buddhist architecture - Introduction to structural Buddhist architecture; stūpa: Meaning, concept, textual evidence, archaeological evidence; different parts of stūpa and their symbolism: Various types of stūpas, regional variations of stūpas in India; caitya: Meaning, concept, textual evidence, archaeological evidence, architectural features of caityas in India; vihāra: Meaning, concept, textual evidence, archaeological evidence, architectural features of vihāras in India

Credit 4: Rock-cut Buddhist architecture - Introduction to rock-cut Buddhist architecture; antiquity and spread of Buddhist caves in India; different types of Buddhist caves and their

functional importance; salient features of early and late Buddhist caves; significance of inscriptions from Buddhist caves

**Text books:**

1. Agrawal, V. S. 1977. *Indian Art*. Varanasi: Prithvi Prakashan.
2. Huntington, Susan L. 1985. *The Art of Ancient India: Buddhist, Hindu and Jain*. New York: Weather hill.
3. Mate, M. S. 1998. *Prāchīn Kalā Bharatī*. Pune: Continental Prakashan.
4. Mitra, Debla. 1971. *Buddhist Monuments*. Calcutta: Sahitya Samsad.

**Reference books:**

1. Brown, Percy. 1976. *Indian Architecture (Buddhist and Hindu Periods)*. Bombay: D. B. Taraporewala.
2. Dhavalikar, M. K. 2004. *Satavahana Art*. Delhi: Sharada Publishing House.
3. Dutt, Sukumar. 1962. *Buddhist Monks and Monasteries of India*. London: George Allen and Unwin.
4. Fisher, Robert E. 1993. *Buddhist Art and Architecture*. London: Thames & Hudson.
5. Gupte, R. S. 1972. *Iconography of the Hindus, Buddhist and Jains*. Mumbai: D. B. Taraporewala Sons & Co. Pvt. Ltd.
6. Kail, Owen C. 1975. *Buddhist Cave Temples of India*. Bombay: D. B. Taraporewala Sons & Co. Pvt. Ltd.
7. Nagaraju, S. 1981. *Buddhist Architecture of Western India*. Delhi: Agam Kala Prakashan.
8. Sarkar, H. 1966. *Studies in Early Buddhist Architecture*. New Delhi: Munshiram Manoharlal Publishers Pvt. Ltd.

**E-sources:**

**Online course -**

Educational Resources - Prof. John Huntington “Buddhist art and Mudra of Buddhist images”, Huntington Archives. (Credit – 1 & 2)

**URL –**

1. <https://epgp.inflibnet.ac.in/>
2. <https://www.sahapedia.org/>
3. <https://dsal.uchicago.edu/huntington/database.php>

**Semester II**

**(Core Courses)**

**PA II.1: Milindapañha II**

Credit 1: Buddhavaggo (pp. 74–79); Sativaggo (pp. 80–85)

Credit 2: Arūpadhammavavattanavaggo (pp. 86–98)

Credit 3: Meṇḍakapañho: Iddhibalavaggo (pp. 107–116, 134 [Saddhammantara-dhānapanāho]–140 [end of Akusalacchedanapañho])

Credit 4: Meṇḍakapañho: Iddhibalavaggo (pp.140 [Uttarikaraṇīya-pañho]–143); Abhejjavaggo (pp. 144–156)

(**Note:** Page numbers are according to Vipassana Research Institute edition.)

**Text books:**

1. 1998. *Suttapiṭake Khuddakanikāye Milindapañhapāli*. Igatpuri: Vipassana Research Institute.
2. Trenckner, V., ed. 1997. *The Milindapañho*. Oxford: The Pali Text Society.
3. Vadekar, R. D., ed. 1972. *Milindapañho*. Bombay: University of Bombay.

**Reference books:**

1. Deshpande, Madhav M., ed. 1999. *Milindapañha-Atṭhakathā*. Tokyo: The International Institute for Buddhist Studies.
2. Horner, I. B., trans. 1999. *Milinda's Questions*. Vol. 2. Oxford: The Pali Text Society.
3. Kashyap, Bhikshu J., trans. 2013. *Milinda-praśna*. Delhi: Buddhist World Press.
4. Mendis, N. K. G., ed. 1993. *The Questions of King Milinda: An Abridgement of the Milindapañha*. Srilanka: Buddhist Publication Society.
5. Pagare, Ramji Devachanda, and Sadananda Sthavir, trans. 1998. *Milindaprasna*. Nagpur: Sugata Prakashan.
6. Pesala, Bhikkhu. 1998(1891). *The Debate of King Milinda: An Abridgement of the Milindapañha*. Delhi: Motilal Banarsidass.
7. Rhys Davids, T. W., trans. 2006(1894). *The Questions of King Milinda*. Vol. 36, in *The Sacred Books of the East*, edited by F. Max Müller. Delhi: Motilal Banarsidass Publishers Private Limited.
8. Śāstrī, Swāmī Dwārikādāsa, ed. 1990. *Milindapañhapāli with Hindi Translation*. Translated by Swāmī Dwārikādāsa Shāstrī. Varanasi: Bauddha Bharati.

**E-sources:**

1. The Debate of King Milinda – Bhikkhu Pesala:  
[http://www.buddhanet.net/pdf\\_file/milinda.pdf](http://www.buddhanet.net/pdf_file/milinda.pdf)
2. The Questions of King Milinda – T. W. Rhys Davids:  
<https://static.sirimangalo.org/pdf/rdquestions1.pdf>

3. The Questions of King Milinda: An abridgement of the Milindapañha - N. K. G. Mendis:

[https://www.bps.lk/olib/bp/bp217s\\_Mendis\\_Questions-of-King-Melinda.pdf](https://www.bps.lk/olib/bp/bp217s_Mendis_Questions-of-King-Melinda.pdf)

## **PA II.2: Suttanipāta - Mahāvagga**

Credit 1: Introduction to Suttanipāta and survey of modern research; Pabbajjāsutta, Padhānasutta, Subhāsitasutta, Sundarikabhāradvājasutta in the light of the commentary

Credit 2: Selasutta and Sallasutta in the light of the commentary

Credit 3: Vāsetṭhasutta in the light of the commentary

Credit 4: Nālakasutta in the light of the commentary

### **Text books:**

1. 1995. *Suttapiṭake Khuddakanikāye (Itivuttakapāḷi, Suttanipātapāḷi)*. Igatpuri: Vipassana Research Institute.
2. Andersen, Dines, and Helmer Smith, eds. 1997. *Suttanipāta*. Oxford: The Pali Text Society.
3. Bapat, P. V., ed. 1990(1924). *Suttanipāto*. Delhi: Shri Satguru Publication.
4. Kashyap, Bhikkhu J., ed. 2017(1959). *Khuddakanikāya (Khuddakapāṭha-Dhammapada-Udāna-Itivuttaka-Suttanipāta)*. Nalanda: Nava Nalanda Mahavihara.

### **Reference books:**

1. 1995. *Khuddaka-Nikāye Paramatthajotikā Suttanipāta-Aṭṭhakathā (Dutiyo Bhāgo)*. Igatpuri: Vipassana Research Institute.
2. Bodhi, Bhikkhu, trans. 2017. *The Suttanipāta: An Ancient Collection of the Buddha's Discourses Together with its commentaries*. UK: The Pali Text Society in association with Wisdom Publications.
3. Chaudhary, Angraj, ed. 1974–1975. *Suttanipata-aṭṭhakathā*. 2 Vols. Nalanda: Nava Nalanda Mahavihar.
4. Chaudhary, Angraj, trans. 2019. *Suttanipāta-Aṭṭhakathā Bhāga - 1*. Igatpuri: Vipassana Research Institute.
5. Dharmarakshita, Bhikshu, trans. 1995(1983). *Suttanipāta*. Delhi: Motilal Banarsidass Publishers Private Limited.
6. Dharmaratna, Bhikshu, trans. 1951. *Suttanipāta*. Saranath: Mahabodhi Sabha.
7. Fausböll, V, trans. 2004(1965). *The Suttanipāta: A Collection of Discourses*. Vol. 10, in *The Sacred Books of the East*, edited by F. Max Müller. Delhi: Motilal Banarsidass Publishers Private Limited.

8. Norman, K. R., trans. 2006(2001). *The Group of Discourses (Suttanipāta)*. Lancaster: The Pali Text Society.
9. Pathak, O. P., ed. 2004. *Suttanipāta*. Translated by O. P. Pathak. Delhi and Varanasi: Bharatiya Vidya Prakashan.
10. Śāstrī, Swāmī Dwārikādāsa, ed. 2005. *Suttanipātapāli*. Translated by Swāmī Dwārikādāsa Śāstrī. Varanasi: Bauddha Bharati.
11. Vimalakīrti, trans. 2015. *Suttanipāta*. Delhi: Samyak Prakashan.

**E-sources:**

1. Suttanipāta –K. R. Norman:  
[http://www.ahandfulofleaves.org/documents/SuttaNipata\\_Norman\\_1997-2001.pdf](http://www.ahandfulofleaves.org/documents/SuttaNipata_Norman_1997-2001.pdf)
2. Suttanipata - Laurence Khantipalo Mills:  
<http://ftp.budaedu.org/ebooks/pdf/EN391.pdf>
3. Suttanipata – K. T. S. Sarao:  
[https://www.researchgate.net/publication/315852747\\_Sutta-Nipata](https://www.researchgate.net/publication/315852747_Sutta-Nipata)
4. Suttanipata - Lesley Fowler Lebkowicz and Tamara Ditrich with Primoz Pecenko:  
[http://www.dhammadata.com/Books4/SuttaNipata\\_The\\_Way\\_Things\\_Really\\_Are.pdf](http://www.dhammadata.com/Books4/SuttaNipata_The_Way_Things_Really_Are.pdf)

**PA II.3: Vinayapiṭaka - Cūllavagga**

Credit 1: Introduction to Vinayapiṭaka with special reference to Cūllavagga and survey of modern research; Senāsanakkhandhako (pp. 271–293)

Credit 2: Senāsanakkhandhako (pp. 293 [jetavanavīhārānumodanā]–315)

Credit 3: Bhikkhunikkhandhako (pp. 414–435 [end of dutiya bhānavāra])

Credit 4: Bhikkhunikkhandhako (pp. 435–451)

(**Note:** Page numbers are according to Vipassana Research Institute edition.)

**Text books:**

1. 1998. *Vinayapiṭake Mahāvaggapāli*. Igatpuri: Vipassana Research Institute.
2. Kashyap, Bhikshu J., ed. 2017(1956). *Vinayapiṭaka (Cullavagga)*. Nalanda: Nava Nalanda Mahavihara.
3. Oldenberg, Hermann, ed. 1995. *The Vinayapiṭakam: One of the Principal Buddhist Holy Scripture in the Pāli Language*. Vol. 2. Oxford: The Pali Text Society.

**Reference books:**

1. Horner, I. B., trans. 1982–1986(1966). *The Book of the Discipline (Vinaya-Piṭaka)*. Vols. 4–5. London: The Pali Text Society.
2. Moray, M. S., trans. 2013. *Vinayapiṭaka: Bhāga: 3 - Cullavagga*. Aurangabada: Kaushalya Prakashan.

3. Rhys Davids, T. W., and Hermann Oldenberg, trans. 1991(1885). *Vinaya Texts: Part III - The Kullavagga IV–XII*. Vol. 20, in *The Sacred Books of the East*, edited by F. Max Müller. Delhi: Motilal Banarsidass Publishers Pvt. Ltd.
4. Sankrityayana, Rahula, trans. 1994. *Vinaya-Piṭaka*. Varanasi: Kashi Vidyapith.
5. Śāstrī, Swāmī Dwārikādās, ed. 2008. *Cullavaggapāli*. Translated by Swāmī Dwārikādās Śāstrī. Varanasi: Buddha Bharati.
6. Singh Kabil, Chatsumarn. 1998. *The Bhikkhunī Pātimokkha of the Six Schools*. Delhi: Sri Satguru Publication.

**E-sources:**

1. The Book of Discipline – I. B. Horner:  
<http://obo.genaud.net/resources/pdf/pts/vp/bod.05.horn.pts.pdf>
2. The Cullavagga on Bhikkhunī Ordination – Bhikkhu Anālayo:  
<https://www.buddhismuskunde.uni-hamburg.de/pdf/5-personen/analayo/cullavagga.pdf>
3. Vinayapitaka (Cullavagga) - Kashyap, J. Bhikshu:  
<https://www.indianculture.gov.in/rarebooks/cullavagga>

**Semester II**

**(Elective Courses)**

**\*PA II.4: Kāvya Literature: Jinacarita, Vuttodaya, Subodhālaṃkāra**

Credit 1: Introduction to Kāvya literature with special reference to Jinacarita and survey of modern research; Jinacarita (verses 1–7 and 73–118)

Credit 2: Jinacarita (verses 119–171)

Credit 3: Introduction to Vuttodaya and survey of modern research; meters: Anutṭhubha, Indavajirā, Upendavajirā, Upajāti, Dodhaka, Vaṃsatṭha, Toṭaka, Vasantatilakā, Mālīni, and Sikharani

Credit 4: Introduction to Subodhālaṃkāra and survey of modern research; Alaṃkāras: Yamaka, Atisayutti, Upamā, Rūpaka, Dīpaka, Ākkheppa, Atthantaranyāsa, Vyatireka, Vibhāvanā, and Nidassanā

**(Note: Verse numbers are according to the Pilgrims Publishing.)**

**Text books:**

1. Avasthi, B. M., ed. 1978. *Subodhālaṃkāra*. Translated by B. M. Avasthi. New Delhi: Lal Bahadur Shastri Sanskrit Sansthan.
2. Duroiselle, Charles, ed. 1982. *Jinacarita or The Career of the Conqueror*. Translated by Charles Duroiselle. Ahmedabad: Parimal Publications.

3. Jinananda, B. 1960. *The Vuttodaya (The Pali Prosody)*. Vol. 2, in *The Nava-Nālandā-Mahāvihāra Research Publication*, edited by Satkari Mookerjee, 161–234. Nalanda: Nava Nalanda Mahavihara.
4. Singh, Siddharth, ed. 2007. *Jinacarita*. Varanasi: Pilgrims Publishing.

**Reference books:**

1. Chatterjee, H. N. 1960. *Comparative Studies in Pali & Sanskrit Alaṃkāra*. Kolkata: Sanskrit Pustak.
2. Dimitrov, Dragomir. 2016. *The Legacy of the Jewel Mind: On the Sanskrit, Pali, and Sinhalese Works by Ratnamati: A Philological Chronicle (Phullalocanavaṃsa)*. Napoli: Dipartimento Asia Africa e Mediterraneo, Università degli studi di Napoli “L’Orientale”.
3. Fryer, G. E. 1875. "On the Ceylon Grammarian Saṅgharakkhita Thera and His Treatise on Rhetoric." (Analysis and Text of the Subodhālaṅkāra, or ‘Easy Rhetoric,’ by Saṅgharakkhita Thera). *Journal of the Asiatic Society of Bengal* 44 (1): 91–125
4. Fryer, G. E. 1877. "Vuttodaya (Exposition of Metre) by Saṅgharakkhita Thera." *Journal of the Asiatic Society of Bengal* 46 (1): 369–410.
5. Jaini, P. S., ed. 2000. *Subodhālaṃkāra (Porāṇa-ṭīkā, Abhinava-ṭīkā)*. London: Pali Text Society.
6. Rouse, W. H. D., trans, 1904–1905. "Jinacarita." *Journal of the Pali Text Society* 5: 1–65.
7. Siddhartha, R. 1929. *Vuttodaya*. Calcutta: University of Calcutta.
8. Siddhi, R. 1981. *Vuttodaya: A Study of Pali Metre*. Delhi: Satguru Publications.
9. Vyasa, Susmita, 2009. *Bhāratīya Kāvyaśāstra Paramparā me Subodhālaṃkāra eka Anuśīlana*. Patna: Impression Publication.
10. Warder, A. K. 1967. *Pāli Metre*. London: Pali Text Society.

**E-source:**

1. An Outline of the Meters in the Pāli Canon – Ānandajoti Bhikkhu:  
<https://www.ancient-buddhist-texts.net/Textual-Studies/Outline/Outline-of-the-Metres.pdf>
2. Jinacarita: The career of the Conqueror – Charles Duroiselle:  
<https://static.sirimangalo.org/pdf/jinacarita.pdf>
3. Pali Metre – A. K. Warder:  
<http://www.palitext.com/palitext/PaliMetre.pdf>
4. Jinacaritaṃ - Bhikkhu Ānandajoti Medhaṅkara Thera:



**\*PA II.5: Moggallāna Vyākaraṇa - Samāsakaṇḍa**

Credit 1: Introduction to Compound; Samāsa (rules III.1–III.19)

Credit 2: Gender and Morphophonetic Changes and Samāsanta (rules III.20–III.25, III.40–III.53)

Credit 3: Pubbādesa (rules III.54–III.82)

Credit 4: Pubbādesa (rules III.83–III.110)

**Text book:**

Kausalyayana, Ananda, ed. 1965. *Moggallāna Vyākaraṇa*. Translated by Ananda Kausalyayana. Hoshiarpur: Vishveshvaranand Vaidik Shodh Sansthan.

**Reference books:**

1. Deokar, Mahesh A. 2008. *Technical Terms and Techniques of the Pali and Sanskrit Grammars*. Varanasi: Central Institute of Higher Tibetan Studies.
2. Gornall, A. 2013. "Buddhism and Grammar: The Scholarly Cultivation of Pali in Medieval Laṅka," diss., University of Cambridge.
3. Gornall, Alastair, and Aleix Ruiz-Falqués. 2019. *Scholars of Premodern Pali Buddhism*. Vol. 2 - Lives, in *Brill's Encyclopedia of Buddhism*, edited by Jonathan A. Silk, Richard Bowring Vincent Eltschinger, and Michael Radich, 420–436. Leiden and Boston: Brill.
4. Gornall, Alastair, and Amal Gunasena. 2018. "A History of the Pali Grammatical Tradition of South and Southeast Asia by Vaskaḍuvē Subhūti (1876), Part I." *Journal of the Pali Text Society* 33: 1–53.
5. Kashyap, Bhikshu Jagdish. 1993(1963). *Pāli Mahāvīyākaraṇa*. Delhi: Motilal Banarsidass.
6. Pind, O. H. 2012. "Pāli Grammar and Grammarians from Buddhaghosa to Vajirabuddhi: A Survey." *Journal of the Pali Text Society* 31: 57–124.
7. Tiwari, Laxminarayana, and Birbal Sharma, eds. 1959. *Kaccāyana Vyākaraṇa*. Varanasi: Tara Book Agency.

**E-source:**

A History of the Pali Grammatical Tradition of South and Southeast Asia by Vaskaḍuvē Subhūti (1876), Part I – Alastair Gornall and Amal Gunasena:

[https://www.academia.edu/41678289/2018\\_with\\_Amal\\_Gunasena\\_A\\_History\\_of\\_the\\_Pali\\_Grammatical\\_Traditions\\_of\\_South\\_and\\_Southeast\\_Asia\\_by\\_Vaska%20%26%20Subhuti](https://www.academia.edu/41678289/2018_with_Amal_Gunasena_A_History_of_the_Pali_Grammatical_Traditions_of_South_and_Southeast_Asia_by_Vaska%20%26%20Subhuti)

**\*PA II.6: Elementary Course in Reading Pali II**

Credit 1: Indeclinables; passive voice; impersonal construction; sandhi

Credit 2: Present and future participles; past active and passive participles; potential passive participles; present passive participles

Credit 3: Absolutes; infinitives of purpose; numerals; comparative and superlative degrees; compounds

Credit 4: Causal, denominative and derivative verbs; derivatives

**Text book:**

Dhammajoti, KL. 2018. *Reading Buddhist Pāli Texts: An Elementary Grammatical Guide*. Hong Kong: The Buddha-dharma Centre of Hong Kong.

**Reference books:**

1. Collins, Steven. 2006. *A Pali Grammar for Students*. Thailand: Silkworm Books.
2. Geiger, Wilhelm. 2000. *A Pāli Grammar*. Edited by K. R. Norman. Translated by Batakrisna Ghosh. Oxford: The Pali Text Society.
3. Joshi, J. R., and D. G. Koparkar. 1985. *Introduction to Pali*. Pune : University of Pune.
4. de Silva, Lily. 1999. *Pāli Primer*. Igatpuri: Vipassana Research Institute.
5. Tungar, N. V. 2012(1939). *Pali Bhasha Pravesh (Being a Graduate Course of Pali for Beginners)*. Pune: Pali Vihaga Pune Vidyapitha.
6. Vidyabhushan, N. C., and M. K. Ghose. 1982. *A Pali Grammar*. Varanasi: Indological Book House.

**E-sources:**

1. A Practical Grammar of Pali Language - Charles Duroiselle:  
[http://www.buddhanet.net/pdf\\_file/paligram.pdf](http://www.buddhanet.net/pdf_file/paligram.pdf)
2. A Practical Guide to Pali Grammar – Ānandajoti Bhikkhu:  
<https://www.ancient-buddhist-texts.net/Textual-Studies/Grammar/Guide-to-Pali-Grammar.htm>
3. Elementary Pali Course – Ven. Narada Thera:  
[http://www.buddhanet.net/pdf\\_file/ele\\_pali.pdf](http://www.buddhanet.net/pdf_file/ele_pali.pdf)
4. Introduction to Pali - A. K. Warder:  
[http://www.ahandfulofleaves.org/documents/Introduction%20to%20Pali\\_Warder.pdf](http://www.ahandfulofleaves.org/documents/Introduction%20to%20Pali_Warder.pdf)
5. Pali Primer – Lily de Silva:

**\*PA II.7: Interdisciplinary Role of Buddhism**

Credit 1: Role of Buddhism with reference to social issues: caste, class and gender

Credit 2: Buddhist engagements with state, politics and public administration, economics and management science

Credit 3: Buddhist engagements with science, psychology and ecology

Credit 4: Buddhist engagements with culture: language, media and arts

**Text book:**

Deokar, M., and M. Pratap, eds. Forthcoming. *Buddhism in the Contemporary World: Intersections and Interdisciplinarity*. Pune: Department of Pali, Savitribai Phule Pune University.

**Reference books:**

1. Batchelor, M. 2002. *Women on the Buddhist Path*. London: Thorsons.
2. Batchelor, M., and Kerry Brown, eds. 1992. *Buddhism and Ecology*. London: Cassell.
3. Daniel, H. Henning. 2002. *A Manual for Buddhism and Deep Ecology*. Australia: Buddha Dharma Education Association Inc.
4. Deokar, Mahesh, Pradeep Gokhale, and Lata Deokar, eds. 2016. *Bauddha Vicāradhārā*. Pune: Department of Pali, Savitribai Phule Pune University.
5. Gross, Rita. 1993. *Buddhism after Patriarchy: A Feminist History, Analysis, and Reconstruction of Buddhism*. Albany: State University of New York Press.
6. Harris, Ian, ed. 2007. *Buddhism, Power and Political Order*. London: Routledge Taylor & Francis Group.
7. von Hinüber, Oskar. 1995. "Buddhist Law According to the Theravāda-Vinaya: A survey of Theory and Practice." *Journal of the International Association of Buddhist Studies* 18 (1): 7–45.
8. Kalupahana, J. David. 1987. *The Principles of Buddhist Psychology*. Albany: State University of New York Press.
9. Kalupahana, J. David. 1999. *The Buddha's Philosophy of Language*. Srilanka: Sarvodaya Vishva Lekha Publication.
10. Karma, L. Tsomo, ed. 1999. *Buddhist Women Across Cultures: Realizations*. New York: State University of New York Press.
11. Payutto, Bhikkhu P. A. 1994. *Buddhist Economics: A Middle Way for the Market Place*. Bangkok: Buddhadhamma Foundation.

12. de Silva, Padmasiri. 1975. *The Search for Buddhist Economics*. Kandy, Sri Lanka: Buddhist Publication Society.

### **E-Sources:**

1. A Manual for Buddhism and Deep Ecology - D. H. Henning:  
[http://www.buddhanet.net/pdf\\_file/deep\\_ecology.pdf](http://www.buddhanet.net/pdf_file/deep_ecology.pdf)
2. The Beginnings of Buddhist Art - A. Foucher:  
<https://www.ancient-buddhist-texts.net/Reference/Beginnings-of-Buddhist-Art/The-Beginnings-of-Buddhist-Art.pdf>
3. Green Dharma: Buddhism and Ecology:  
<https://dharmanet.org/coursesM/37/ecology0.htm>
4. Buddhism, Power and Political Order - Ian Harris:  
[http://www.ahandfulofleaves.org/documents/Buddhism%20Power%20and%20Political%20Order\\_Harris.pdf](http://www.ahandfulofleaves.org/documents/Buddhism%20Power%20and%20Political%20Order_Harris.pdf)
5. Buddhist Law According to the Theravāda-Vinaya: A survey of Theory and Practice - Oskar Von Hinüber:  
[http://www.ahandfulofleaves.org/documents/Articles/Buddhist%20Law%20According%20to%20the%20TheravadaVinaya\\_A%20survey%20of%20Theory%20and%20Practice\\_JIABS\\_Von%20Hinuber\\_1995.pdf](http://www.ahandfulofleaves.org/documents/Articles/Buddhist%20Law%20According%20to%20the%20TheravadaVinaya_A%20survey%20of%20Theory%20and%20Practice_JIABS_Von%20Hinuber_1995.pdf)
6. The Buddha's Philosophy of Language - David J. Kalupahana:  
[http://www.ahandfulofleaves.org/documents/The%20Buddha's%20philosophy%20of%20language\\_David%20J%20Kalupahana%20\\_1999.pdf](http://www.ahandfulofleaves.org/documents/The%20Buddha's%20philosophy%20of%20language_David%20J%20Kalupahana%20_1999.pdf)
7. Buddhist Women Across Cultures: Realizations - Karma Lekshe Tsomo:  
<https://epdf.pub/buddhist-women-across-cultures-s-u-n-y-series-in-feminist-philosophy.html>
8. Toward Sustainable Science: A Buddhist Look at Trend in Scientific Development - P. A. Payutto:  
<http://www.buddhistlibrary.org/en/displayimage.php?pid=2423>
9. Buddhist Economics - P. A. Payutto:  
[https://www.watnyanaves.net/uploads/File/books/pdf/buddhist\\_economics.pdf](https://www.watnyanaves.net/uploads/File/books/pdf/buddhist_economics.pdf)
10. Reconnecting to Life - Joanna Macy:  
<https://dharmanet.org/coursesM/34/ecologyjm0.htm>
11. Rest Your Weary Mind: Letting Go of the Hindrances - Joseph Goldstein:  
<https://dharmanet.org/coursesM/24/Hindrances1.htm>
12. The Metta Sutta - Andrew Olendzki:

<https://dharmanet.org/coursesM/18/mettasutta1.htm>

13. The Wheel of Engaged Buddhism: A New Map of the Path - Kenneth Kraft:

<https://dharmanet.org/coursesM/32/wheel0.htm>

**\*PA II.8: Methods of Mind Cultivation**

Credit 1: Nature of human distress - Psychological perspective: The 3D model of distress, development-distress-disorder; developmental hazards; stress-distress-eustress; normal and abnormal behaviour; Buddhist perspective - Nature of Dukkha; types of Dukkha: Dukkhadukkhatā (Dukkha caused by distress), Vipariṇāmadukkhatā (Dukkha caused by change), Saṅkhāradukkhatā (Dukkha caused by conditionality); factors obstructing the development of mind: Āsava (intoxicants), Nīvaraṇa (hindrances), Saṃyojana (fetters), Anusayakilesa (proclivities); behaviour: Kamma (ethical action): Kusala (wholesome), Akusala (unwholesome), Abyākata (undetermined), Cetanā (volition), Kammaṭṭhāna (course of action), Kammaḍvāra (door of action): Kāya (body), Vacī (speech), Mano (mind); Viññatti (communication): Kāyaviññatti (bodily communication) and Vacīviññatti (verbal communication); comparison between the psychological and the Buddhist concept of distress

Credit 2: Causes of human distress - Psychological perspective: Biological, psychological and social causes of mental illness; Buddhist perspective - Unwholesome roots of behaviour: Lobha (greed or passion), Dosa (hatred or malice), Moha (delusion or false belief); Taṇhā (craving), Māna (estimation), Diṭṭhi (wrong view); Vipallāsa (distortion); erroneous emotion and cognition as a source of suffering; comparison between the psychological and the Buddhist perspectives on the causes of human distress

Credit 3: Ways out of distress - Psychological perspective: Major types of psychotherapy: Rational Emotive Behaviour Therapy (REBT), Behaviour Therapies, Humanistic Therapies, Psychoanalytic Therapies, Mindfulness Based Therapies; nature, process, mechanisms, and goals of psychotherapy; limitations of psychotherapy and support from drugs; Buddhist perspective - Factors supporting development of mind: Kusalamūla (wholesome roots of behaviour): Aloḃha (non-greed), Adosa (non-hatred), Amoha (non-delusion); Sammappadhāna (right exertion); Indriya (faculty); Bala (power); Bojjhaṅga (factors of enlightenment); Ti-sikkhā (remedy of threefold training) and Aṭṭhaṅgikamaḡga (eightfold path): Silasamādāna (undertaking precepts), Samādhi (concentration), Kammaṭṭhāna (object of concentration meditation), Vipassanāñāṇa (insight knowledge); sevenfold Visuddhi (purification)

Credit 4: Therapeutic aspects of Buddhist meditation - Sati meditation based on Satipaṭṭhānasutta, four foundations of mindfulness: Kāyānupassanā (contemplation of body),

Vedanānupassanā (contemplation of feelings), Cittānupassanā (contemplation of mind), Dhammānupassanā (contemplation of phenomena); other techniques of mind cultivation: Seven-fold techniques of removing defilements based on Sabbāsavasutta; techniques of regulating thoughts based on Vitakkasaṅṭhānasutta; practice of Brahmavihāras, etc.; modern adaptations of Buddhist meditation: S. N. Goenka, Mahasi Sayadaw, Thich Nhat Hanh, and Sangharakshita; review of scientific studies assessing the mental health effect of Buddhist meditation; therapeutic mechanism in Samatha and Vipassanā meditation: Cognitive and emotional processes during meditation; ways of incorporating Buddhist meditation in psychotherapy and its limitations

**Text books:**

1. Anālayo. 2003. *Satipaṭṭhāna: The Direct Path to Realization*. Kandy: Buddhist Publication Society.
2. Ciccarelli, Sandra K., and J. Noland White. 2009. *Psychology*. United State: Pearson.
3. Dharmarakshita, Bhikshu, trans. 1957. *Visuddhi Mārga*. Varanasi: Mahabodhi Sabha.
4. Horner, I. B., trans. 2004. *The Collection of The Middle Length Sayings (Majjhima-Nikāya)*. 3 Vols. Delhi: Motilal Banarsidass Publishers Private Limited.
5. Moray, M. S., trans. 2007–2015(1978–1988). *Majjhimanikāya*. 3 Vols. Pune: Sugava Prakashan.
6. Ñanamoli, Bhikkhu. 2010(1956) *Visuddhimagga: The Path of Purification*. Colombo: Buddhist Publication Society.
7. Nissanka, H. S. S. 1993. *Buddhist Psychotherapy*. New Delhi: Vikas Publishing House.
8. Śāstrī, Swāmī Dwārikādās, ed. 1998. *Suttapiṭake Majjhimanikāyapāli (1. Mūlapaṇṇāsakaṃ)*. Vols. 1–2. Translated by Swāmī Dwārikādās Śāstrī. Varanasi: Bauddha Bharati.

(Note: Only for Sabbāsavasutta, Madhupiṇḍikasutta, Satipaṭṭhānasutta, and Vitakkasaṅṭhānasutta)

**Reference books:**

1. Dalal, Ajit K., Anand Paranjpe, and K. Ramakrishna Rao. 2011(2008). *Handbook of Indian Psychology*. Foundation Books.
2. Kalupahana, J. David. 1987. *The Principles of Buddhist Psychology*. Albany: State University of New York Press.

3. Mahathera, Narada. 2013(1956). *A Manual of Abhidhamma*. Kolkata: Maha Bodhi Book Agency.
4. Nyanatiloka, Venerable. 1988. *Buddhist Dictionary, Manual of Buddhist Terms and Doctrines*. Kandy: Buddhist Publication Society.
5. Shāstrī, Swāmi Dwārikādāsa, trans. 2005. *Dīghanikāyapāli (Sīlakkhandhavaggo)*. Varanasi: Bauddha Bharati.
6. Tiwari, M. 1987. *Sīla, Samādhi and Prajñā (The Buddha's Path of Purification)*. Patna: K. P. Jayaswal Research Institute.
7. Upadhyaya, Tapasya, trans. 1995–1998. *Visuddhimaggo Paṭhamo-Dutiyo Bhāgo*. Edited by Swāmi Dwārikādāsā. Varanasi: Bauddha Bharati.

(Note: For the relevant portions of the course)

#### **E-sources:**

1. A Manual of Abhidhamma - Narada Maha Thera:  
[http://www.buddhanet.net/pdf\\_file/abhidhamma.pdf](http://www.buddhanet.net/pdf_file/abhidhamma.pdf)
2. Art of Living Vipassana Meditation – S. N. Goenka:  
<http://www.cicp.org.kh/userfiles/file/Publications/Art%20of%20Living%20in%20English.pdf>
3. Basics of Psychotherapy – B. E. Wompold:  
<https://www.apa.org/pubs/books/Basics-of-Psychotherapy-Second-Edition-Ch1-Sample.pdf>
4. Buddhist Dictionary (Manual of Buddhist Terms and Doctrines) - Venerable Nyanatiloka:  
<http://ftp.budaedu.org/ebooks/pdf/EN012.pdf>
5. Insight-Meditation – Mahashi Sayadaw:  
<https://holybooks-lichtenbergpress.netdna-ssl.com/content/uploads/InsightMeditation.pdf>
6. Practical Vipassana Exercise – Mahashi Sayadaw:  
[http://www.buddhanet.net/pdf\\_file/mahasit1.pdf](http://www.buddhanet.net/pdf_file/mahasit1.pdf)
7. Test of Freedom – Sangharakshita:  
[https://www.sangharakshita.org/\\_books/taste-freedom.pdf](https://www.sangharakshita.org/_books/taste-freedom.pdf)
8. The Art of Dying - S. N. Goenka:  
[http://www.dhammadownloads.com.au/the\\_art\\_of\\_dying.pdf](http://www.dhammadownloads.com.au/the_art_of_dying.pdf)
9. The Principles of Buddhist Psychology - Kalupahana J. David:

[http://www.ahandfulofleaves.org/documents/Principles%20of%20Buddhist%20Psychology\\_Kalupahana.pdf](http://www.ahandfulofleaves.org/documents/Principles%20of%20Buddhist%20Psychology_Kalupahana.pdf)

10. The purpose and practice of Buddhist Meditation – Sangharakshita:

<https://www.windhorsepublications.com/product/the-purpose-and-practice-of-buddhist-meditation-a-source-book-of-teachings/>

11. Visuddhimagga Path of Purification - Bhikkhu Nanamoli:

<https://www.accesstoinsight.org/lib/authors/nanamoli/PathofPurification2011.pdf>

### **\*PA II.9: Buddhist Art and Architecture II**

Credit 1: Buddhist art - Origin and dissemination of Buddhist art; symbols in Buddhist narratives and sculptures: Their significance; study of Buddhist narrative art, Buddhist narratives and literature, Buddhist narratives from Bharahuta, Sāñcī, Amarāvātī, Nāgārjunakoṇḍā, and Kanaganahaḷḷi

Credit 2: Buddhist sculptural art and paintings - Origin of the Buddha images: Gāndhāra versus Mathurā; salient features of the Buddha images from Gāndhāra, Mathurā, and Sāranātha schools, Western and Eastern Deccan: Ajantā, Ellorā, Nāgārjunakoṇḍā; Buddhist bronzes from Nālandā and Nāgapaṭṭnam; paintings from Ajantā and Bāgha: Features, techniques, and themes

Credit 3: Structural Buddhist architecture - Stūpa: Origin and development of stūpa architecture; stūpa architecture - Pre-Mauryan and Mauryan periods; study of important Buddhist stūpa sites of India: North India: Piprahva (Kapilavastu), Sāranātha; Central India - Sāñcī, Bharahuta; Deccan: Amarāvātī, Nāgārjunakoṇḍā, Kanaganahaḷḷi; Eastern India: Kesariyā; Gāndhāra region; caitya: Origin and development of caitya architecture; circular and apsidal caityas; study of important circular and apsidal caityas: Nāgārjunakoṇḍā, Śālihuṇḍam; vihāra: Origin and development of monastic architecture; features of mahāvihāra architecture; study of important vihāra and mahāvihāra sites of India: Nāgārjunakoṇḍā, Nālandā, Antichak (Vikramaśilā), Ratnāgirī (Oḍiśā)

Credit 4: Rock-cut Buddhist architecture - Origin and development of Buddhist rock-cut architecture; study of important Buddhist cave sites of the Eastern Deccan: Bhāje, Pitaḷakhorā, Kondivāte, Koṇḍāne, Beḍase, Kārle, Nāsika, Kānherī, Junnar, Kuḍā, Ajantā, Aurangābād, and Ellorā; Eastern Deccan: Guntapalle; Central India: Bāgha; Western India (Gujarat): Talajā and Sanā; chronological framework of Buddhist caves; architectural pattern of early and late Buddhist caves

#### **Text books:**

1. Agrawal, V. S. 1972. *Indian Art*. Varanasi: Prithvi Prakashan.



2. Dehejia, Vidya. 1997. *Discourse in Early Buddhist Art*. New Delhi: Munishiram Manoharlal Publishers Pvt. Ltd.
3. Huntington, Susana. L., and John Huntington. 1985. *The Art and Architecture of India*. New York: Weather Hill.
4. Mate, M. S. 1998. *Prāchīn Kalā Bhāratī*. Pune: Continental Prakashan.
5. Mitra, Debla. 1971. *Buddhist Monuments*. Calcutta: Sahitya Samsad.

**Reference books:**

1. Barua, B. 1937(1934). *Barhut*. 3 Vols. Calcutta: Indian Research Institute.
2. Brown, Percy. 1940. *Indian Architecture (Buddhist and Hindu Periods)*. Bombay: D.B. Taraporevala Sons and Co.
3. Cunningham, Alexander. 1965. *The Stupa of Bharhut*. Varanasi: Indological Book Corporation.
4. Cunningham, Alexander. 1966. *The Bhilsa Topes*. Varanasi: Indological Book Corporation.
5. Dehejia, Vidya. 1972. *Early Buddhist Rock Temples: A Chronological Study*. London: Thames and Hudson.
6. Dhavalikar, M. K. 1985. *Late Hinayana Caves of Western India*. Pune: Deccan College.
7. Dhavalikar, M. K. 2004. *Satavahana Art*. Delhi: Sharada Publishing House.
8. Fergusson, James, and James Burgess. 2000. *The Cave Temples of India*. New Delhi: Munshiram Manoharlal Publishers Pvt. Ltd.
9. Ghosh, A. 1967. *Ajanta Murals*. New Delhi: Archaeological Survey of India.
10. Gupta, S. P., ed. 2003. *Kushana Sculptures from Sanghol*. New Delhi: National Museum.
11. Hawkes, J., and Akira Shimada, eds. 2009. *Buddhist Stupas in South Asia*. New Delhi: Oxford University Press.
12. Knox, Robert. 1992. *Amravati - Buddhist Sculpture from the Great Stupa*. London: British Museum Press.
13. Marshall, John. 1960. *The Buddhist Art of Gandhara*. Cambridge: Cambridge University Press.
14. Misra, B. N. 2017. *Nalanda*. Vol. 3. Delhi: B. R. Publishing.
15. Nagaraju, S. 1981. *Buddhist Architecture of Western India*. New Delhi: Agam Kala Prakashan.
16. Quintanilla, Sonya Rhie. 2007. *History of Early Stone Sculptures at Mathura CA 150*

- BCE - 100 CE*. Leiden: Brill.
17. Ramachandran, T. N. 1954. *The Nagapattinam and Other Buddhist Bronzes in the Madras Museum*. Madras: Government Museum.
  18. Sarkar, H. 1966. *Studies in Early Buddhist Architecture of India*. New Delhi: Munshiram Manoharlal Publishers Pvt. Ltd.
  19. Sharma, R. C. 1984. *Buddhist Art of Mathura*. New Delhi: Agam Kala Prakashan.
  20. Sivaramamurti, C. 1942. *Amaravati Sculptures in the Madras Government Museum*. Madras: Government Press.
  21. Srinivasan, P. R. 1994. *Bronzes of South India*. Madras: Government Museum.
  22. Stone, Elizabeth Rosen. 1994. *The Buddhist Art of Nagarjunakonda*. Delhi: Motilal Banarasidass Publisher Pvt. Ltd.
  23. Talim, Meena. 2002. *Bagh Paintings: Identification and Interpretation*. Mumbai: Somaiya Publications.

#### **E-sources:**

#### **Online courses -**

1. Indian Culture P.13 Art and Architecture Part I, M-02 Rock-cut Architecture Mauryan Phase, e-PG Pathshala, MHRD/UGC. (Credit-4)
2. 10 Interviews of experts on Buddhist caves of Ajanta, Ellora, Pitalkhora and Aurangabad, 10 hours, Advanced, Sahapedia. (Credit – 2 & 4)

#### **URL –**

1. <https://epgp.inflibnet.ac.in/>
2. <https://www.sahapedia.org/>
3. <https://dsal.uchicago.edu/huntington/database.php>

### **Semester III**

#### **(Core Courses)**

#### **PA III.1: Abhidhammatthasaṅgaha with Navanītaṭīkā I**

Credit 1: Introduction to Abhidhamma literature with special reference to Abhidhamma manuals and survey of modern research; Cittasaṅgahavibhāgo (pp.1–11[end of Ahetukacittāni])

Credit 2: Cittasaṅgahavibhāgo (pp.11 [Sobhanacittāni]–24)

Credit 3: Cetasikasaṅgahavibhāgo (pp.25–33 [Sobhanacetāsikasampayogo])

Credit 4: Cetasikasaṅgahavibhāgo (pp.33 [Saṅgahagāthā]–43)

(**Note:** Page numbers are according to the Mahābodhi Society edition.)

#### **Text book:**

Kosambi, Dharmanand, ed. 1941. *Abhidhammatthasaṅgaho Navanītaṭīkā*. Banarasa: Mahabodhi Society.

**Reference books:**

1. Buddhadatta, A. P. 1980. *Buddhadatta's Manuals*. London: The Pali Text Society.
2. Chaudhury, B. N. 1983. *Abhidhamma Terminology in the Rūparūpavibhāga*. Calcutta: Sanskrit College Research.
3. Karunadasa, Y. 2010. *The Theravāda Abhidhamma: Its Inquiry into the Nature of Conditioned Reality*. Hong Kong: Centre of Buddhist Studies, The University of Hong Kong.
4. Nārada, Mahāthera. 2013(1956). *A Manual of Abhidhamma (Abhidhammatthasaṅgaho An Outline of Buddhist Philosophy)*. Kolkata: Maha Bodhi Book Agency.
5. Nārada, Mahāthera, ed. 2006(1993). *A Comprehensive Manual of Abhidhamma (The Abhidhammattha Saṅgaha of Ācariya Aniruddha)*. Translated by Bhikkhu Bodhi and Mahāthera Nārada. Kandy: Buddhist Publication Society.
6. Tripāthī, Rāmsāṅkara, ed. 1991–1992. *Abhidhammatthasaṅgaho*. 2 Vols. Translated by Bhadanta Rewatadhamma and Rāmsāṅkara Tripāthī. Varanasi: Sampurnanada Sanskrit University.
7. Vimalakīrti, ed. 2003. *Abhidhammatthasaṅgaho*. Translated by Vimalakīrti. Nagpur: Pragativadi Prakashan.

**E-sources:**

1. A Manual of Abhidhamma (Abhidhammatthasaṅgaho) - Narada Maha Thera:  
[http://www.buddhanet.net/pdf\\_file/abhidhamma.pdf](http://www.buddhanet.net/pdf_file/abhidhamma.pdf)
2. Comprehensive Manual of Abhidhamma - Bhikkhu Bodhi:  
[https://www.saraniya.com/books/meditation/Bhikkhu\\_BodhiComprehensive\\_Manual\\_of\\_Abidhamma.pdf](https://www.saraniya.com/books/meditation/Bhikkhu_BodhiComprehensive_Manual_of_Abidhamma.pdf)
3. <http://practicalabhidhamma.com/assets/practical-abhidhamma.pdf>

**PA III.2: Dīghanikāya**

Credit 1: Introduction to Dīghanikāya and survey of modern research; Sāmaññaphalasuttaṃ (Vol. I, pp. 42–52 [end of the sañcayabelatthaputtavādo])

Credit 2: Sāmaññaphalasuttaṃ (Vol. I, pp. 52 [paṭhamasandiṭṭhikasāmaññaphalaṃ]–75)

Credit 3: Kūṭadantasuttaṃ (Vol. I, pp. 112–133)

Credit 4: Tevijjasuttaṃ (Vol. I., pp. 214–227); Mahānidānasuttaṃ (Vol. II., pp. 43–55)

(**Note:** Page numbers are according to Vipassana Research Institute edition.)

**Text books:**

1. 1993. *Suttapiṭake Dīghanikāyo (Paṭhamo Bhāgo, Dutiyo Bhāgo)*. Igatpuri: Vipassana Research Institute.
2. Kashyap, Bhikshu J., ed. 1980(1958). *The Dīghanikaya (1. Sīlakkhandha Vagga)*. Nalanda: Nava Nalanda Mahavihara Nalanda.
3. Rhys Davids, T. W., and J. Estlin Carpenter, eds. 2007(1889)–1995(1903). *The Dīgha-Nikāya*. 2 Vols. Lancaster: The Pali Text Society.

**Reference books:**

1. Rajwade, C. V., trans. 1999–2009. *Dīghnikāya*. 2 Vols. Aurangabad: International Centre for Buddhist Studies.
2. Rhys Davids, T. W., trans. 2007. *Dialogues of the Buddha*. 2 Vols. Lancaster: The Pali Text Society.
3. Śāstrī, Swāmī Dwārikādāsa, ed. 2005. *Suttapiṭake Dīghanikāyapāli (1. Sīlakkhandha Vagga) with Hindi Translation*. Translated by Swāmī Dwārikādāsa Śāstrī. Varanasi: Bauddha Bharati.
4. Walshe, Maurice. 2012(1987) *The Long Discourses of the Buddha: A Translation of the Dīghanikāya*. Boston: Wisdom Publication.

**E-source:**

Long Discourse of the Buddha (Dīghanikāya) – Maurice Walshe:

[http://lirs.ru/lib/sutra/Long\\_Discourses\\_of\\_the\\_Buddha\(Digha\\_Nikaya\).Walshe.pdf](http://lirs.ru/lib/sutra/Long_Discourses_of_the_Buddha(Digha_Nikaya).Walshe.pdf)

**PA III.3: Bhikkhu and Bhikkhunī Pātimokkha**

Credit 1: Introduction to Bhikkhu and Bhikkhunī Pātimokkha and survey of modern research; Bhikkhu Pātimokkha - Pārājika, Saṅghādisesa, Aniyata, and Nissaggiyapācittiya

Credit 2: Pācittiya

Credit 3: Pāṭidesanīya, Sekhiya, and Adhikaraṇasamatha

Credit 4: Additional rules of the Bhikkhunī Pātimokkha

**Text books:**

1. 1998. *Vinayapiṭake Pācittiyapāli*. Igatpuri: Vipassana Research Institute.
2. 1998. *Vinayapiṭake Pārājikapāli*. Igatpuri: Vipassana Research Institute.
3. Kashyap, Bhikkhu J., ed. 2017(1958). *The Vinayapiṭaka Pācittiya (Bhikku-Vibhaṅga - Part II & Bhikkhuṇi-Vibhaṅga)*. Nalanda: Nava Nalanda Mahavihara.
4. Kashyap, Bhikkhu J., ed. 2017(1958). *The Vinayapiṭaka Pārājika (Bhikkhu-Vibhaṅga-Part I)*. Nalanda: Nava Nalanda Mahavihara.

5. Oldenberg, Hermann, ed. 2001–2005(1882). *The Vinaya-piṭakam*. Vols. 2–4. Oxford & Lancaster: The Pali Text Society.
6. Pruitt, William, ed. 2008(2001). *The Pātimokkha*. Translated by K. R. Norman. Oxford: Pali Text Society.
7. Vadekar, R. D., ed. 1939. *Pātimokkha*. Poona: Bhandarkar Oriental Research Institute.

**Reference books:**

1. Horner, I. B., trans. 2002–2006(1938–1942). *The Book of the Discipline*. 3 Vols. Oxford: The Pali Text Society.
2. Moray, M. S., trans. 2017(2009). *Vinayapiṭaka - 1: Pātimokkhasutta*. Aurangabada: Kaushalya Prakashan.
3. Śāstrī, Swāmi Dwārikādāsa, ed. 2006. *The Bhikkhu Pātimokkhasutta (Bhikkhu-pātimokkha)*. Translated by Swāmi Dwārikādāsa Shāstrī. Varanasi: Bauddha Bharati.
4. Singh, Kabil Chatsumarn. 1998. *The Bhikkhunī Pātimokkha of the Six Schools*. Delhi: Sri Satguru Publications.

**E-sources:**

1. The Bhikkhus' Code of Discipline - Thanissaro Bhikkhu:  
<https://www.accesstoinsight.org/tipitaka/vin/sv/bhikkhu-pati.html>
2. Introduction to the Patimokkha Rules - Thanissaro Bhikkhu:  
<https://www.accesstoinsight.org/tipitaka/vin/sv/bhikkhu-pati-intro.html>

**Semester III**  
**(Elective Courses)**

**\*PA III.4: Visuddhimagga**

Credit 1: Introduction to Visuddhimagga and survey of modern research; Nidānādīkathā (Vol. I, pp. 1–6)

Credit 2: Brahmavihāraniddeso (Vol. I, pp. 283–295 [end of the paragraph 247])

Credit 3: Brahmavihāraniddeso (Vol. I, pp. 295 [paragraph 248]–304 [end of the paragraph 258])

Credit 4: Brahmavihāraniddeso (Vol. I, pp 304 [karuṇābhāvanākathā]–315)

(**Note:** Page numbers are according to the Vipassana Research Institute edition.)

**Text books:**

1. 1998. *Visuddhimaggo (Paṭhamo Bhāgo)*. Igatpuri: Vipassana Research Institute.
2. Rewatadhamma, ed. 1969. *Visuddhimaggo with Paramatthamañjūsāṭīkā*. Varanasi: Sampurnananda Sanskrit University.

3. Rhys Davids, C. A. F., ed. 1975(1920). *Visuddhi-Magga of Buddhaghosa*. London: The Pali Text Society.

**Reference books:**

1. Bapat, P. V., 1937. *Vimuttimagga & Visuddhimagga: A Comparative Study*. Poona: Fergusson College.
2. Bhadant, Tissavaṃsa, trans. 2003. *Visuddhimagga*. Nagpur: Sugat Prakashan.
3. Dharmarakshita, Bhikshu, trans. 1957. *Visuddhi Mārga*. Varanasi: Mahabodhi Sabha.
4. Ñānamoli, Bhikkhu, trans. 2010. *The Path of Purification (Visuddhimagga by Bhadantācariya Buddhaghōṣa)*. Colombo: Buddhist Publication Society.
5. Śāstrī, Swāmi Dwārikādāsā, trans. 1995–1998. *Visuddhimagga*. 2 Vols. Varanasi: Bauddha Bharati.
6. Tiwari, M. 1987. *Sīla, Samādhi and Prajñā (The Buddha's Path of Purification)*. Patna: K. P. Jayaswal Research Institute.
7. Upatissa, Arhanta, 1995(1977). *The path of freedom (Vimuttimagga)*. Translated into Chinese as Cie-to-tao-lun by Tipitaka Sanghapala of Funan. Translated from the Chinese to English by Rev. N. R. M. Ehara, Soma Thera, and Khemider Thera. Sri Lanka: Buddhist Publication Society.

**E-source:**

Visuddhimagga The Path of Purification - Bhikkhu Ñānamoli:

<https://www.accesstoinight.org/lib/authors/nanamoli/PathofPurification2011.pdf>

**\*PA III.5: Moggallāna Vyākaraṇa - Ñādikāṇḍa**

Credit 1: Introduction to Taddhita; Paccayavidhāna (rules IV.1–IV.35)

Credit 2: Paccayavidhāna (rules IV.36–IV.69)

Credit 3: Paccayavidhāna (rules IV.70–IV.104)

Credit 4: Paccayavidhāna (rules IV.105–IV.122); Ādesavidhāna (rules IV.123–IV.142)

**Text book:**

Kausalyayana, Ananda, ed. 1965. *Moggallāna Vyākaraṇa*. Translated by Ananda Kausalyayana. Hoshiarpur: Vishveshvaranand Vaidik Shodh Sansthan.

**Reference books:**

1. Deokar, Mahesh A. 2008. *Technical Terms and Techniques of the Pali and Sanskrit Grammars*. Varanasi: Central Institute of Higher Tibetan Studies.
2. Gornall, A. 2013. “Buddhism and Grammar: The Scholarly Cultivation of Pali in Medieval Laṅka,” diss., University of Cambridge.

3. Gornall, Alastair, and Aleix Ruiz-Falqués. 2019. *Scholars of Premodern Pali Buddhism*. Vol. 2 - Lives, in *Brill's Encyclopedia of Buddhism*, edited by Jonathan A. Silk, Richard Bowring Vincent Eltschinger, and Michael Radich, 420–436. Leiden and Boston: Brill.
4. Gornall, Alastair, and Amal Gunasena. 2018. "A History of the Pali Grammatical Tradition of South and Southeast Asia by Vaskaḍuvē Subhūti (1876), Part I." *Journal of the Pali Text Society* 33: 1–53.
5. Kashyap, Bhikshu Jagdish. 1993(1963). *Pāli Mahāvyākaraṇa*. Delhi: Motilal Banarsidass.
6. Pind, O. H. 2012. "Pāli Grammar and Grammarians from Buddhaghosa to Vajirabuddhi: A Survey." *Journal of the Pali Text Society* 31: 57–124.
7. Tiwari, Laxminarayana, and Birbal Sharma, eds. 1959. *Kaccāyana Vyākaraṇa*. Varanasi: Tara Book Agency.

**E-source:**

A History of the Pali Grammatical Tradition of South and Southeast Asia by Vaskaḍuvē Subhūti (1876), Part I – Alastair Gornall and Amal Gunasena:

[https://www.academia.edu/41678289/2018\\_with\\_Amal\\_Gunasena\\_A\\_History\\_of\\_the\\_Pali\\_Grammatical\\_Traditions\\_of\\_South\\_and\\_Southeast\\_Asia\\_by\\_Vaska%20%281876%29\\_Part\\_I\\_Journal\\_of\\_the\\_Pali\\_Text\\_Society\\_33\\_2018\\_1\\_53](https://www.academia.edu/41678289/2018_with_Amal_Gunasena_A_History_of_the_Pali_Grammatical_Traditions_of_South_and_Southeast_Asia_by_Vaska%20%281876%29_Part_I_Journal_of_the_Pali_Text_Society_33_2018_1_53)

**\*PA III.6: Basic Structure of Buddhist Classical Tibetan**

Credit 1: A brief introduction to the spread of Buddhism in Tibet, the role of royal dynasties in the establishment of Buddhism in Tibet, beginnings of the translation activity, the establishment and the role of the translation committee, structure of the Tibetan canon; introduction to the Tibetan script: vowels and consonants, Prescripts, postscripts, postpostscripts, superscripts, subscripts; a brief guide to the pronunciation; nominal particles, indefinite particles, demonstrative pronouns, indefinite pronouns, plural particles

Credit 2: Grammatical Cases: Instrumental, Genitive, Locative; possessive particles; grammatical Cases: Accusative, Dative, Ablative; sentence patterns, interrogative pronouns, isolation particle

Credit 3: Sociative particle, concessive particle, adverbs of negation; stem form of Verbs; case particles in connection with verbal stems

Credit 4: Elegant and honorific modes of speech, personal pronouns, possessive pronouns; semifinal particles, coordination particles, relative pronouns; reading the select portions of Prajñāpāramitāhṛdayasūtra in its Tibetan translation together with the Sanskrit original

**Text books:**

1. Beyer, Stephan V. 1993. *The Classical Tibetan Language*. Delhi: Sri Satguru Publications.
2. Hahn, Michael. 1996. *Lehrbuch der klassischen tibetischen Schriftsprache*. Swisttal-Ondorf: Indica et Tibetica Verlag.
3. Hodge, Stephen. 1993. *An Introduction to Classical Tibetan*. Wiltshire: Aris and Phillips Ltd.

**Reference books:**

1. Grenard, F. 1904. *Tibet: The Country and Its Inhabitants*. London: Paternoster Row.
2. Kapstein, Matthew T., and Brandon Dotson. 2007. *Contributions to the Cultural History of Early Tibet*. Leiden: Brill.
3. McKay, Alex, ed. 2003. *The History of Tibet. Vol. I. The Early Period: to c. AD 850. The Yarlung Dynasty*. London: Routledge Curzon.
4. McKay, Alex, ed. 2003. *The History of Tibet. Vol. II. The Medieval Period: c. 850-1895. The Development of Buddhist Paramountcy*. London: Routledge Curzon.
5. van Schaik, Sam. 2011. *Tibet: A History*. New Haven: Yale University Press.
6. Snellgrove, David, and Hugh Richardson. 2003. *A Cultural History of Tibet*. Bangkok: Orchid Press.
7. Waddell, L. Austine. 1895. *The Buddhism of Tibet or Lamaism*. London: W. H. Allen & Co. Limited.

**E-sources:**

1. The Precious Key: An Introduction to Literary Tibetan for Dharma Students - Mccomas Taylor and Lama Choedak Yuthok:  
[http://chl-old.anu.edu.au/languages/tibetan/precious\\_key.pdf](http://chl-old.anu.edu.au/languages/tibetan/precious_key.pdf)
2. <https://library.columbia.edu/libraries/eastasian/tibetan/links1.html>
3. <https://treasuryoflives.org>
4. <https://library.columbia.edu/indiv/eastasian/tibetan/guide.html>
5. <http://www.aibs.columbia.edu/databases/login/login-form.php>
6. <http://bmc.lib.umich.edu/bas>
7. <http://latse.org/byara>
8. <http://www.columbia.edu/cgi-bin/cul/resolve?AUS5589>



9. <http://www.tibetbook.net>
10. <http://www.thlib.org/>
11. <http://www.asianclassics.org/>
12. <http://www.tbrc.org>
13. <http://web1.otani.ac.jp/crj/twrpe/peking/>
14. <http://www.dtab.uni-bonn.de/>
15. <http://otdo.aa-ken.jp/>
16. <http://idp.bl.uk/>
17. <http://www.himalayanart.org/>
18. <http://interactive.rma2.org>
19. <http://www.digitalhimalaya.com/>
20. [www.tibetmap.com](http://www.tibetmap.com)
21. <http://thlib.org/reference/>
22. <http://nitartha.org/>
23. <http://www.thlib.org/collections/texts/jiats/>
24. <https://clio.columbia.edu/catalog>
25. <http://www.tibetology.ac.cn/>
26. <https://www.aai.uni-hamburg.de/en/forschung/ngmcp>
27. <http://www.ciolek.com/WWWVL-TibetanStudies.html>

### **\*PA III.7: Resurgence of Buddhism in India**

Credit 1: Rediscovery of Buddhism – Archaeological finds, introduction of Buddhist literature and personal experiences

Credit 2: Resurgence of Buddhism in modern India – Non Ambedkarite Buddhist movements, individual and institutional contributions

Credit 3: Dr. Ambedkar - His life and mission, his social philosophy and constitutional vision; Dr. Ambedkar's writings and speeches on Buddhism

Credit 4: Dr. Ambedkar's "The Buddha and His Dhamma"

#### **Text books:**

1. Ahir, D. C. 1972. *Buddhism in Modern India*. Nagpur: Bhikkhu Niwas Prakashan.
2. Ahir, D. C. 1989. *The Pioneers of Buddhist Revival in India*. Delhi: Sri Satguru Publication.
3. Ambedkar, B. R. 1984 (1957). *The Buddha and His Dhamma*. Bombay: Siddharth Publications.

4. Ling, Trevor. 1979. "Buddhism in India: Residual and Resurgent." In *Studies in Pali and Buddhism*, edited by A. K. Narain, 229–241. Delhi: B. R. Publishing Company.
5. Sangharakshita. 1986. *Ambedkar and Buddhism*. Glasgow: Windhorse Publications.
6. Zelliott, Eleanor. 1979. "The Indian Rediscovery of Buddhism, 1855-1956." In *Studies in Pali and Buddhism*, edited by A. K. Narain, 389–406. Delhi: B. R. Publishing Corporation.

**Reference books:**

1. Ahir, D. C. 2005. *Buddhism and Ambedkar*. Delhi: B. R. Publication Corporation.
2. Alyosius, G. 1998. *Religion as Emancipatory Identity: A Buddhist Movement Among the Tamils Under Colonialism*. New Delhi: Christian Institute for the Study of Religion and Society.
3. Bellwinkel-Schempp, Maren. 2010. *Ishvardatt Medharthi: Life and Message*. New Delhi: Critical Quest.
4. Chowdhury, H. B., ed. 2009. *Jagajjyoti: Bhikkhu Jagdish Kashyap Birth Centenary Volume*. Kolkata: Bauddha Dharmankur Sabha.
5. Dhadphale, M. G. 2010. *Bauddhadharma-Bhāṣyakāra Dharmānanda Kosambī*. Pune: Gandharv-Ved Prakashan.
6. Dharmapala, Anagarika. 1989. *The Arya Dharma of Sakya Muni, Gautama, Buddha: Or, The Ethics of Self Discipline*. Calcutta: Maha Bodhi Society of India.
7. Gokhale, Pradeep, ed. 2008. *The Philosophy of Dr. B. R. Ambedkar*. Pune: Sugava Prakashan.
8. John, Stavrellis. 2009. *Chandrika Prasad Jigyasu and Bhikkhu Bodhananda: Buddhism and the Evolution of the Dalit Public Sphere*. Madison: University of Wisconsin-Madison.
9. Joshi, Lal Mani. 1983. *Discerning the Buddha*. New Delhi: Munshiram Manoharlal Publishers Pvt. Ltd.
10. Kirthisinghe, B. P., and M. P. Amarasuriya. 1996. *Colonel Olcott His Service to Buddhism*. Kandy: Buddhist Publication Society.
11. Kosambi, Dharmananda. 1940. *Bhagvān Buddha*. Pune: Rajesh Prakashan.
12. Kosambi, Dharmananda. 2016. *Buddha, Dharma āṇi Saṅgha*. Pune: Sugava Prakashan.
13. Kosambi, Meera, ed. 2010. *Dharmanand Kosambi: Essential Writings*. Ranikhet: Permanent Black.

14. Mule, Gunakr. 1998. *Mahāpanḍit Rāhul Sāṅkṛityāyan*. New Delhi: National Book Trust.
15. Narain, A. K., and D. C. Ahir., eds. 1994. *Dr. Ambedkar, Buddhism, and Social Change*. New Delhi: D. K. Publishing.
16. Narasu, P. L. 1993. *The Essence of Buddhism*. Delhi: Asian Education Services.
17. Nikam, N. A., and Richard McKeon, eds. 1978. *The Edicts of Asoka*. Chicago: University of Chicago Press.
18. Ojha, P. N., ed. 1986. *Homage to Bhikkhu Jagdish Kashyap (Commemoration Volume)*. Nalanda: Nava Nalanda Mahavihara.
19. Pilchick, Terry. 1988. *Jai Bhim! Dispatches from a Peaceful Revolution*. Glasgow/Berkeley: Windhorse Publications/Parallax Press.
20. Prothero, Stephen. 1997. *The White Buddhist: Asian Odyssey of Henry Steel Olcott*. Delhi: Sri Satguru Publications.
21. Ray, Himanshu Prabha. 2013. *Return of the Buddha: Ancient Symbols for a New Nation*. India: Routledge.
22. Rodrigues, Valerian. 2002. *The Essential Writings of B. R. Ambedkar*. New York: Oxford University Press.
23. Sangharakshita. 1980. *Flame in Darkness*. Pune: Tiratana Grantha Mala.
24. Sinha, Bhagwan. 2012. *Kosambi: Kalpanā se yathārth tak*. New Delhi: Aryan Books International.
25. Smith, Vincent. 1964. *Asoka: The Buddhist Emperor of India*. Delhi: S. Chand & Co.
26. Swaris Nalin. 2011. *The Buddha's Way to Human Liberation: A Socio-Historical Approach*. New Delhi: Navayana Publications.

#### **E-Sources:**

1. The Buddha and His Dhamma - B. R. Ambedkar:  
[http://www.columbia.edu/itc/mealac/pritchett/00ambedkar/ambedkar\\_buddha/](http://www.columbia.edu/itc/mealac/pritchett/00ambedkar/ambedkar_buddha/)
2. The Social Dimensions of Early Buddhism - Uma Chakravarti:  
<https://ru.b-ok2.org/book/2150219/f0be1a>
3. Cultivating Compassion Developing an Awareness of the Capacity for Love inside Us and in Learning to Project That Love into the World around Us - Jeffrey Hopkins:  
<https://dharmanet.org/coursesM/33/1.html>
4. Destructive Emotions: Transforming our afflictive emotions:  
<https://dharmanet.org/coursesM/39/1.html>
5. DharmaNet: Learning Resource Centre:

- <https://dharmanet.org/>
6. ePustakalay: Free Library:  
<https://epustakalay.com/>
  7. Generosity: One of the 10 Perfections - the Paramis:  
<https://dharmanet.org/coursesM/29/paramis1.htm>
  8. Mahabodhi Society of India:  
<http://www.mbsiindia.org/>
  9. Meditation for Life - Martine Batchelor:  
<https://dharmanet.org/coursesM/36/lifeIntro.htm>
  10. The Edicts of Asoka - N. A. Nikam and Richard McKeon:  
[https://ia802805.us.archive.org/0/items/TheEdictsOfAsokaNikamMcKeon/The%20Edicts%20of%20Asoka\\_Nikam%20McKeon.pdf](https://ia802805.us.archive.org/0/items/TheEdictsOfAsokaNikamMcKeon/The%20Edicts%20of%20Asoka_Nikam%20McKeon.pdf)
  11. Jai Bhim! Dispatches from a Peaceful Revolution - Terry Pilchick:  
[https://www.freebuddhistaudio.com/texts/othertexts/Nagabodhi/FBA142\\_Nagabodhi\\_-\\_Jai\\_Bhim.pdf](https://www.freebuddhistaudio.com/texts/othertexts/Nagabodhi/FBA142_Nagabodhi_-_Jai_Bhim.pdf)
  12. Ambedkar and Buddhism - Sangharakshita:  
[https://www.sangharakshita.org/books/Ambedkar\\_and\\_Buddhism.pdf](https://www.sangharakshita.org/books/Ambedkar_and_Buddhism.pdf)
  13. Asoka: The Buddhist Emperor of India - Vincent Smith:  
<https://ia802306.us.archive.org/19/items/asokabuddhistemp00smitiala/asokabuddhistemp00smitiala.pdf>
  14. The Buddha's Way: A Socio-Historical Approach - Nalin Swaris:  
[https://ogigaya.files.wordpress.com/2015/09/nalin-swaris-the-buddha\\_s-way-to-humanliberation-a-socio-historical-approach.pdf](https://ogigaya.files.wordpress.com/2015/09/nalin-swaris-the-buddha_s-way-to-humanliberation-a-socio-historical-approach.pdf)
  15. Velivada: Educate, Agitate, Organize:  
<https://velivada.com/>
  16. Writings and Speeches of Dr. B. R. Ambedkar:  
<http://dramedkarwritings.gov.in/content/writings-and-speeches.php>
  17. A Dalit-Bahujan Media - Dr. Babasaheb Ambedkar:  
<http://www.ambedkar.org/>

**\*PA III.8: Modern Psychological Ideas Relevant to Buddhist Psychology**

Credit 1: Historical review of Psychology - The beginning of Psychology; major milestones in the history of Psychology: Structuralism, functionalism, psychoanalysis, behaviourism, cognitive behaviourism, humanistic Psychology, positive Psychology; the methods and goals

of Psychology; present turn towards mindfulness: Mindfulness as defined by psychologists; mindfulness and its various applications; critical analysis of mindfulness turn in Psychology  
Credit 2: Review of major approaches to the study of personality in Psychology - Psychoanalytic theory, behaviouristic theory, humanistic theory (important points to be reviewed in each theory are: Bases of individual differences and the ideal personality to be achieved); trait approach to personality

Credit 3: Cognition and emotion - Cognition as studied in Psychology: Information processing model, cognitive errors as a source of distress; psychological theories of emotion: James Lange, Cannon-Bard, Schacter-Singer theory of emotion; emotional intelligence

Credit 4: Emergence of Buddhist Psychology - Contribution of Buddhist scholars: Mrs. Rhys Davids' dialogue with psychology; Anagarika Govinda: *Creative meditation and multi-dimensional consciousness*, the way of the white clouds, psycho-cosmic symbolism of the Buddhist stūpa; Herbert V. Günther: Mind in Buddhist Psychology, the levels of understanding in Buddhism; Bhikkhu Anālayo: Satipaṭṭhānasutta: The direct path to realization; His Holiness The 14<sup>th</sup> Dalai Lama: Initiatives in Buddhist Psychology; commonality between Buddhism and Psychology: Common goal to understand human mind for eradicating human suffering; possible clashes between Buddhism and Psychology: Extra sensory perception or Abhiññā (psychic power), concept of rebirth and Kammavipāka (fruition of action); future direction of Buddhist Psychology: Application, research methodology and theoretical advances

**Text book:**

Ciccarelli, Sandra K., and J. Noland White. 2009. *Psychology*. United State: Pearson.

**Reference books:**

1. Anagarika Govinda. 1969. *The Psychological Attitude of Early Buddhist Philosophy*. Delhi: Motilal Banarasidass
2. Anālayo. 2003. *Satipaṭṭhāna: The Direct Path to Realization*. Kandy: Buddhist Publication Society.
3. Chaplin, J. P., and T. S. Krawiec. 1968. *System and Theories of Psychology*. New York: Holt Rinehart and Winston.
4. Dreher, H. 1995. *Immune Power Personality: Seven Traits You Can Develop to Stay Healthy*. Canada: Dutton.
5. Friedman, H. S., and Mirium W. Schustack. 2003. *Personality: Classic Theories and Modern Research*. New Delhi: Pearson Education.

6. Gazzaniga, Michael, Todd Heatherton, and Diane Helpert. 2006. *Psychological Science*. New York and London: W. W. Norton.
7. Glassman, William E. 2000. *Approaches to Psychology*. Buckingham and Philadelphia: Open University Press.
8. Goleman, D. 2003. *Destructive Emotions: How Can We Overcome Them? A Scientific Dialogue with the Dalai Lama*. New York: Bantam books.
9. Güenther, Herbert V., and L. S. Kawamura. 1975. *Mind in Buddhist Psychology*. Berkeley: Dharma Publishing.
10. Lama, Dalai. 2012. *Beyond Religion*. New Delhi: Harper Collins Publishers India.
11. Morgan, Clifford T., Richard A. King, John R. Weisz, and John Schopler. 2001. *Introduction to Psychology*. New Delhi: Tata Mcgraw Hills Publishing Company.
12. Paranjpe, A. C. 1984. *Theoretical Psychology: Meeting of East and West*. New York: A division of Plenum Publishing Corporation.
13. Pickering, John, ed. 2017(1997). *The Authority of Experience: Essay on Buddhism and Psychology*. London and New York: Routledge.
14. Scroggs, James R. 1985. *Key Ideas in Personality Theory*. Minnesota: West Publishing Co.
15. Spiegelman, J. Marvin, and Mokusen Miyuki. 2004. *Buddhism and Jugian Psychology*. Delhi: New Age Books.
16. Zinn, Kabat Jon. 2013. *Full Catastrophe Living*. London: Piatkus.

**E-sources:**

1. Approaches to Psychology - William E. Glassman and Marilyn Hadad:  
<http://www.yanchukvladimir.com/docs/Library/Approaches%20to%20Psychology%202009.pdf>
2. Between Buddhism and Science, between Mind and Body – Geoffrey Samuel:  
<https://core.ac.uk/download/pdf/80851517.pdf>
3. Buddhist and Psychological Perspectives on Emotions and Well-beings - Paul Ekman, Richard J. Davidson, Matthieu Ricard, and B. Alan Wallace:  
<http://citeseerx.ist.psu.edu/viewdoc/download?doi=10.1.1.504.5661&rep=rep1&type=pdf>
4. Mental Health in Classical Buddhist Psychology - Daniel Golman:  
<http://www.atpweb.org/jtparchive/trps-07-75-02-176.pdf>
5. Psychological Science - Gazzaniga, Michael, Todd Heatherton and Diane Helpert:  
<http://mog.dog/files/Psychological%20Science%20%282015%29%20->

[%20Michael%20Gazzaniga%20et%20Al.pdf](#)

6. Satipaṭṭhāna: The Direct Path to Realization – Anālayo:

<https://www.buddhismuskunde.uni-hamburg.de/pdf/5-personen/analayo/direct-path.pdf>

### **\*PA III.9: Buddhist Epigraphy I**

Credit 1: Introduction to Epigraphy; significance of inscriptions in reconstruction of history of Buddhism; survey of research in Epigraphy; antiquity of writing in ancient India; categories of inscriptions; materials and techniques of writing; theories of origin of Brāhmī script; theories of origin of Kharoṣṭhī script; geographic distribution of Buddhist inscriptions

Credit 2: Introduction to ancient scripts; Brāhmī: Orthography, decipherment of letters and numerals; Kharoṣṭhī: Orthography, decipherment of letters and numerals

Credit 3: Inscriptions of the Mauryan period; Aśokan inscriptions: Geographic distribution, types, scripts and language; major rock edicts (Girnāra version): Nos. I, III, IV, VI, IX and XII; pillar edicts: Delhi-Toprā pillar inscriptions (Nos. II, III, and VI); minor edicts: Rumminadei minor pillar inscription, Bhābru minor rock edict

Credit 4: An introduction to inscriptional Prakrit; phonology: Alphabets - Vowels, consonants and consonant clusters; phonetic change in comparison with Pali and Sanskrit; morphology: Nominal bases: Additions, omissions and innovations; verbal stems: Additions, omissions and innovations; declension system; conjugational system; secondary derivatives; vocabulary; syntax and semantics: Comparison with Pali and Sanskrit syntax

#### **Text books:**

1. Dani, Ahmad Hasan. 1963. *Indian Palaeography*. Oxford: Clarendon Press.
2. Gokhale, S. 2007(1975). *Purābhilekhavidyā*. Pune: Continental Prakashan.
3. Hultzsch, E. ed., 1969. *Inscriptions of Asoka (Corpus Inscriptionum Indicarum)*. Vol. I. Varanasi: Indological Book House.
4. Mangalam, S. J. 1990. *Kharoṣṭhī Script*. Delhi: Eastern Book Linkers.
5. Salomon, Richard. 1998. *Indian Epigraphy*. New Delhi: Munshiram Manoharlal Publishers Pvt. Ltd.

#### **Reference books:**

1. Allchin, F. R., and K. R. Norman. 1985. *Guide to the Ashokan Inscriptions*. In: South Asian Studies 1: 43–50.
2. Bhandarkar, D. R. 1936(1935). *A List of the Inscriptions of Northern India in Brahmi and its Derivative Scripts, from about 200 B.C.* In: Appendix to Epigraphia Indica Vols. 19–23.

3. Bühler, George. 1959. *Indian Palaeography*. Calcutta: Indian Studies.
4. Goyal, S. R. 2005. *Ancient Indian Inscriptions*. Jodhpur: Kusumanjali Book World.
5. Mehendale, M. A. 1948. *Historical Grammar of Inscriptional Prakrit*. Poona: Deccan College Post-Graduate and Research Institute.
6. Pandey, R. 1957. *Indian Paleography*. Delhi: Motilal Banarasidass Publisher Pvt. Ltd.
7. Ramesh, K. V. 1984. *Indian Epigraphy*. Delhi: Sundeep Prakashan.
8. Sircar, D. C. 1986. *Select Inscriptions*. Vol. 1. Delhi: Asian Humanities Press.

**E-sources:**

**Online course -**

Indian Culture - P.08 Indian Epigraphy, M-01, M-02, M-04, M-05, M-06, M-07, M-09, M-10, M-11, M-14, M-15, M-16, M-19, M-21, M-22, M-23, M-26, M-27, e-PG Pathshala, MHRD/UGC.

**\*PA III.10: Buddhism and Indian Philosophy**

(Objective: To introduce major schools of Indian philosophy and highlight points of comparison between Buddhism and other schools)

Credit 1: Indian Philosophy as Darśanaśāstra and Ānvīkṣikī; The two-fold division of schools of Philosophy into Āstika and Nāstika (Orthodox and Heterodox); The three-fold division of the Schools: Vedic (Āstika), Śramaṇa and Lokāyata; Is Buddhism continuation of the Vedic tradition or reaction to it?

Credit 2: Brahmanical Ritualism and Pūrvamīmāṃsā: Sacrifices and their justification, Vedaprāmāṇya and hierarchical social order, Vaidic Apauruṣeyavāda (Points for Comparison in Buddhism: Criticism of Sacrifices, Varṇa/Caste Hierarchy, Karma, Ahimsā); Upanishadic Philosophy and Advaita-Vedānta: The doctrine of Ātman, Brahman, Non-dualism, Mokṣa (Points for Comparison in Buddhism: Vijñānavāda, Anattā, Śūnyatā, Nirvāṇa); Lokāyata: Dehātmavāda, Materialistic Hedonism, criticism of Paraloka and Ritualism (Points for Comparison in Buddhism: Anātmavāda, Madhyamā Pratipadā, Rebirth, Other Worlds, the Role of Experience and Reason)

Credit 3: Jainism: The concept of Sat, Jīva, Ajīva, Triratna, the doctrine of Karma, Mahāvratā, Seven Tattvas, Anuvratā, Kaivalya (Points for Comparison in Buddhism: Anityatā, Anātmatā, Madhyamā Pratipadā, Nirvāṇa, the concept of Pudgala); Sāṅkhya: The nature of Puruṣa and Prakṛti, Discriminative Knowledge and Kaivalya, Satkāryavāda, Pariṇāmavāda (Points for Comparison in Buddhism: Anityatā, Anātmatā, Pratītyasamutpāda, Nirvāṇa); Yoga: Citta, Citta-vṛttis, Aṣṭāṅgayoga, Samādhi, Kaivalya (Points for Comparison



in Buddhism: Nirodha, Kleśa, Avidyā, Brahmavihāra, Rūpa-dhyāna, Arūpadhyāna, Prajñā, Śīla)

Credit 4: Nyāya: Four Pramāṇas, Prameya, Apavarga, Īśvara (Points for Comparison in Buddhism: Two Pramāṇas, the nature of Anumāna, Dvādaśa-nidāna); Vaiśeṣika: The nature of Six Padārthas, Abhāva (Points for Comparison in Buddhism: Svalakṣaṇa and Sāmānyalakṣaṇa, criticism of Sāmānya, Avayavin and Sambandha)

**Text books:**

1. Dasgupta, S. N. 1940. *History of Indian Philosophy*. London: Cambridge University Press.
2. Gokhale, Pradeep. 1992. *Inference and Fallacies Discussed in Ancient Indian Logic with Special Reference to Nyāya and Buddhism*. Delhi: Satguru Publication.
3. Hiriyanna, M. 2009. *Outlines of Indian Philosophy*. Delhi: Motilal Banarsidass.

**Reverence books:**

1. Arnold, Dan. 2005. *Buddhists, Brahmins, and Belief: Epistemology in South Asian Philosophy of Religion*. Columbia: Columbia University Press.
2. Bapat, Lata. 1989. *Buddhist Logic: A Fresh Study of Dharmakīrti's Philosophy*. Delhi: Bharatiya Vidya Prakashana.
3. Chattopadhyay, Bankim Chandra. 2015. *Buddhism and the Sāṅkhya Philosophy*. Delhi: Createspace Independent Publication.
4. Chhatre, Lata. 2015. *Buddhist Epistemology Logic and Language*. New Delhi: Bharatiya Book Corporation.
5. Gokhale, Pradeep, 2015. "Interplay of Sāṅkhya and Buddhist ideas in the Yoga of Patañjali (With special reference to *Yogasūtra* and *Yogabhāṣya*)." *Journal of Buddhist Studies* 12:107–122.
6. Gokhale, Pradeep. 2011. "Buddhism and Interculturality: Understanding the Buddha's Dual Approach ." *Sandhān: Journal of Centre for Studies in Civilizations* 11: 29–37.
7. Gokhale, Pradeep. 2012. "Identifying Philosophy in Indian Tradition." In *Dimensions of Philosophy*, edited by A. D. Sharma, Jata Shankar, and R. C. Sinha, 151–160. New Delhi: New Bharati Book Corporation.
8. Pande, G. C. 1978. *Śramaṇa Tradition: Its History and Contribution to Indian Culture*. Ahmedabad: L. D. Institute of Indology.
9. Shastri, Dharmendra Nath. 1963. *Philosophy of Nyaya Vaisesika its Conflict with Buddhist Dignaga School*. New Delhi: Bharatiya Vidya Prakashan.

**E-sources:**

1. Buddhists, Brahmins, and Belief: Epistemology in South Asian Philosophy of Religion – Dan Arnold:  
<https://doi.org/10.7312/arno13280>
2. Brahmanism and Buddhism - John Lord:  
<https://www.worldspirituality.org/religion-india.html>

**\*PA III.11: Comparative Linguistics**

Credit 1: General Introduction to Linguistics - Definition of language; Linguistics as a science of language; levels of language study: Phonology, Morphology, Syntax, and Semantics; history of Linguistics: Discovery by Sir William Jones, contributions of Comparative Philology, halt because of Saussure, present scenario; classification of languages: Typological, Genealogical; Language Families of the world; Language Families of India & their peculiar features, Indo-European Language Family

Credit 2: Language Families - Synchronic and Diachronic approach to language study; Descriptive and Historical Linguistics; basic assumptions of Historical Linguistics; principles of language change: Assimilation, Dissimilation, Syncope, Haplology, Elision, Metathesis, Morphological Change, Borrowing etc.

Credit 3: Indo-Aryan Language Family - Prehistory of Indo-Aryan Language Family; the Aryan problem and linguistic theories; migration of Indo-Aryans to India; introduction to the Indo-Iranian Language Family: Indo-Aryan Language Family; a brief introduction to the Vedic literature; peculiarities of Old Indo-Aryan - Vedic Language: In contrast to Indo-European, in contrast to Classical Sanskrit; borrowings in the Vedic Language; Vedic Dialects; Epic Sanskrit and its peculiarities; Pāṇini and development of Classical Sanskrit

Credit 4: Middle Indo-Aryan Languages - Various theories about origin and development of Middle Indo-Aryan, old stage of Middle Indo Aryan; Language of the Ashokan Inscriptions, its peculiarities, Pali language and literature; middle stage of Middle Indo-Aryan: The Prakrits and their peculiarities; new stage of Middle Indo-Aryan: Apabhraṃśa and its peculiar features; New Indo-Aryan Languages

**Text books:**

1. Beames, John. 1872–1879. *A Comparative Grammar of Modern Aryan Language of India*. Delhi: Munshiram Manoharlal.
2. Burrow, Thomas. 1965. *The Sanskrit Language*. London: Faber & Faber Limited.
3. Cardona, George, and Dhanesh Jain, eds. 2003. *The Indo-Aryan Languages*. London & New York: Routledge.

4. Ghatge A. M. 1993(1941). *Introduction to ArdhaMagadhi*. Pune: Sanmati Tirtha.
5. Ghatge, A. M. 1962. *Historical Linguistics & Indo-Aryan Language*. Bombay: University of Bombay.
6. Hock, Hans Henrich. 2009. *Principles of Historical Linguistics*. Berlin and New York: De Gruyter Mouton.

**Reference books:**

1. Bloch, Jules. 1965. *Indo Aryan From the Vedas to Modern Times*. Paris: Adrien-Manisonneuve.
2. Cardona, George. 1974. "The Indo-Aryan Languages." In *Encyclopedia Britannica*. Fifteenth. 9: 439–50.
3. Cardona, George. 2003. "Sanskrit." In *The Major Languages of South Asia, the Middle East and Africa*, edited by Bernard Comrie, 20–36. London: Routledge.
4. Gonda, Jan. 1971. *Old Indian*. Leiden & Koln, E. J. Brill.
5. Katre, S. M. 1964. *Prakrit Languages & Their Contribution to Indian Culture*. Poona: Deccan College.
6. Lazzeroni, Romano. 1998. "Sanskrit." In *The Indo-European Languages*, edited by Anna Giacalone Ramat and Paolo Ramat, 98–124. London & New York: Routledge.
7. Oberlies, Thomas. 2019. *Pāli Grammar: Conspectus of Verbs and Verb Forms, Indexes and Bibliography*. United Kingdom: Pali Text Society.
8. Oberlies, Thomas. 2019. *Pāli Grammar: Phonology and Morphology*. United Kingdom: Pali Text Society.
9. Trask, Robert Lawrence. 1996. *Historical Linguistics*. London: Arnold

**E-sources:**

1. Historical Linguistics and Indo-Aryan Language – A. M. Ghatge:  
<https://ia802909.us.archive.org/34/items/GhatageHistoricalLinguisticsAndIndoAryanLanguages1962/Ghatage%20-%20Historical%20Linguistics%20and%20Indo-Aryan%20Languages%20%281962%29.pdf>
2. Introduction to Ardhamagadhi – A. M. Ghatge:  
<https://ia801600.us.archive.org/3/items/in.ernet.dli.2015.313188/2015.313188.Introduction-To.pdf>

**Semester IV**

**(Core Courses)**

**PA IV.1 Abhidhammatthasaṅgaha with Navanīṭaṭikā II**

Credit 1: Rūpasaṅgahavibhāgo (pp. 110–116 [end of Rūpavibhāgo])

Credit 2: Rūpaṅgahavibhāgo (pp. 116 [Rūpasamutṭhānāni]–125)

Credit 3: Kammatṭhānaṅgahavibhāgo (pp. 157–169 [end of Vipassanākammattṭhāna])

Credit 4: Kammatṭhānaṅgahavibhāgo (pp. 169 [Visuddhibhedo]–180)

(Note: Page numbers are according to the Mahābodhi Society edition.)

**Text book:**

Kosambi, Dharmanand, ed. 1941. *Abhidhammatthasaṅgaho Navanītaṭṭikā*. Banarasa: Mahabodhi Society.

**Reference books:**

1. Buddhadatta, A. P. 1980. *Buddhadatta's Manuals*. London: The Pali Text Society.
2. Chaudhury, B. N. 1983. *Abhidhamma Terminology in the Rūparūpavibhāga*. Calcutta: Sanskrit College Research.
3. Exell, R. H. B. 1992. "Rūparūpavibhāga Translation." *Journal of the Pali Text Society*. 16:1–12.
4. Karunadasa, Y. 2010. *The Theravāda Abhidhamma: Its Inquiry into the Nature of Conditioned Reality*. Hong Kong: Centre of Buddhist Studies, The University of Hong Kong.
5. Nārada Mahāthera. 2013(1956). *A Manual of Abhidhamma (Abhidhammatthasaṅgaho An Outline of Buddhist Philosophy)*. Kolkata: Maha Bodhi Book Agency.
6. Narāda, Mahāthera, ed. 2006(1993). *A Comprehensive Manual of Abhidhamma (The Abhidhammattha Saṅgaha of Ācariya Aniruddha)*. Translated by Bhikkhu Bodhi and Mahathera Narada. Kandy: Buddhist Publication Society.
7. Tripāṭhī, Rāmsāṅkara, ed. 1991–1992. *Abhidhammatthasaṅgaho*. 2 Vols. Translated by Bhadanta Rewatadhamma and Rāmsāṅkara Tripāṭhī. Varanasi: Sampurnanada Sanskrit University.

**E-source:**

1. A Manual of Abhidhamma (Abhidhammatthasaṅgaho) - Narada, Maha Thera: [www.buddhanet.net](http://www.buddhanet.net)
2. Comprehensive Manual of Abhidhamma - Bhikkhu Bodhi: [https://www.saraniya.com/books/meditation/Bhikkhu\\_BodhiComprehensive\\_Manual\\_of\\_Abidhamma.pdf](https://www.saraniya.com/books/meditation/Bhikkhu_BodhiComprehensive_Manual_of_Abidhamma.pdf)
3. <http://practicalabhidhamma.com/assets/practical-abhidhamma.pdf>
4. <http://www.abhidhamma.com/frameset.html?http://www.abhidhamma.com/abhidhammareference.html>

**PA IV.2 Majjhimanikāya**

Credit 1: Introduction to Majjhimanikāya and survey of modern research; Pāsarāsisuttaṃ (Ariyapariyesanāsuttaṃ) (Vol. I, pp. 219–235)

Credit 2: Vimamsakasuttaṃ (Vol. I, pp. 399–402); Cūlamāluṅkyasuttaṃ (Vol. II, pp. 97–102)

Credit 3: Sabbāsavasuttaṃ (Vol. I, pp. 10–16); Ambalaṭṭhikarāhulovādasuttaṃ (Vol. II, pp. 84–90)

Credit 4: Mahācattārīsakasuttaṃ (Vol III, pp.118–123); Esūkārisuttaṃ (Vol. II, pp. 395–401)

(**Note:** Page numbers are according to Vipassana Research Institute edition.)

#### **Text books:**

1. 1995. *Suttapiṭake Majjhimanikāyo Paṭhamo Bhāgo, Dutiyo Bhāgo, Tatiyo Bhāgo (Mūlapaṇṇāsapāli, Majjhimapañṇāsapāli, Uparipaṇṇāsapāli)*. Igatpuri: Vipassana Research Institute.
2. Bapat, P. V., ed. 2017(1958). *The Majjhima Nikāya (Mūlapaṇṇāsakaṃ)*. Nalanda: Nava Nalanda Mahavihara.
3. Chalmers, Robert, ed. 1994–2004. *The Majjhima-nikāya*. Vols. 2–3. Oxford: The Pali Text Society.
4. Sankrityayana, Rahula, ed. 2017(1958). *Majjhimanikāyapāli (Majjhimapañṇāsa, Uparipaṇṇāsa)*. Nava Nalanda Mahavihar.
5. Trenckner, V., ed. 2002. *The Majjhima-nikāya*. Vol. 1. Oxford: The Pali Text Society.

#### **Reference books:**

1. Chalmers, Lord, trans. 1988(1927). *Furthur Dialogues of the Buddha*. 2 Vols. Delhi: Sri Satguru Publications.
2. Horner, I. B., trans. 2004. *The Collection of The Middle Length Sayings (Majjhima-Nikāya)*. 3 Vols. Delhi: Motilal Banarsidass Publishers Private Limited.
3. Moray, M. S., trans. 2006–2015(1978–1988). *Majjhimanikāya*. 3 Vols. Pune: Sugava Prakashan.
4. Ñāṇamoli, Bhikkhu, and Bikkhu Bodhi, trans. *The Middle Length Discourses of the Buddha*. Oxford: The Pali Text Society in Association with Wisdom Publication.
5. Śāstrī, Swāmi Dwārikādāsa, ed. 1991–2000. *Suttapiṭake Majjhimanikāyapāli Paṭhamo Bhāgo–Pañcamo Bhāgo (Mūlapaṇṇāsakaṃ, Majjhimapañṇāsakaṃ, Uparipaṇṇāsakaṃ)*. Translated by Swāmi Dwārikādāsa Śāstrī. Varanasi: Bauddha Bharati.
6. Vimalakīrti, ed. 2018. *Suttapiṭakāche Majjhimanikāya (Mūlapañṇāsa Pālī, Majjhimapañṇāsa Pālī, Uparipaṇṇāsa Pālī)*. Translated by Vimalakīrti. Nagpur: Pragativadi Prakashan.

**E-Source:**

The Middle Length Discourses – Bhikkhu Ñāṇamoli and Bhikkhu Bodhi:

[http://lirs.ru/lib/sutra/The\\_Middle\\_Length\\_Discourses\(Majjhima\\_Nikaya\),Nanamoli,Bodhi,1995.pdf](http://lirs.ru/lib/sutra/The_Middle_Length_Discourses(Majjhima_Nikaya),Nanamoli,Bodhi,1995.pdf)

**PA IV.3: Advanced Research Methods and Training**

Credit 1: Areas of research: Comparative literature, cultural studies, interdisciplinary studies; Research methods: Library and field research, analytical, comparative, descriptive, survey; academic writing and its types: Project report, dissertation; types of data: Primary, secondary, and tertiary; methods of referencing and citations: Use of different stylistics manuals such as Chicago

Credit 2: Steps in writing a dissertation: Identification of research problem, types of hypothesis, formulation of hypothesis, defining the topic, scope, limitations and outline of the dissertation, sources of information: Library, internet; Review of earlier research: Taking notes; structure of the dissertation: Introduction, chapterization, core, and conclusion

Credit 3 and 4: Dissertation

**Text books:**

1. Kothari, C. R. 2004. *Research Methodology: Methods & Techniques*. New Delhi: New Age International (P) Limited, Publishers.
2. Singh, Shashi Bhushana. 2012. *Śodha Pravidhi*. New Delhi: Arjun Publishing House.
3. Varkhede, Ramesh Narayana, and Mangala Ramesh Varkhede. 2019. *Samśodhanāce Paddhatiśāstra*. Pune: Om Grāmaṇye Institute of Educational Excellence.

**Reference books:**

1. 2003. *The Chicago Manual of Style*. Fifteenth. Chicago and London: The University of Chicago Press Ltd.
2. Bagchi, Kanaka Kanti. 2007. *Research Methodology in Social Sciences: A Practical Guide*. Delhi: Abhijeet Publication.
3. Braun, Virginia, and Victoria Clark. 2013. *Successful Qualitative Research: A Practical Guide for Beginners*. New Delhi: SAGE Publication India Pvt. Ltd.
4. Kumar, Ranjit. 2014. *Research Methodology: A Step-by-Step Guide for Beginners*. Fourth. New Delhi: SAGE Publications India Pvt. Ltd.
5. Nagy, Sharlene, and Hesse-Biber. 2016. *The Practice of Qualitative Research*. Third. New Delhi: SAGE Publication India Pvt. Ltd.

6. Nene, Shankar, trans. 2017. *Guṇātmaka Saṁśodhanācī Kāryapaddhatī (The Practice of Qualitative Research)*. Third. New Delhi: SAGE Publication India Pvt. Ltd.
7. Nene, Shankar, trans. 2017. *Yaśasvī Guṇātmaka Saṁśodhana: Navaśikyā Vidyārthyāmsāthī Vyāvahārika Mārgadarśana (Successful Qualitative Research: A Practical Guide for Beginners)*. New Delhi: SAGE Publication India Pvt. Ltd.
8. Tatke, Neelam, trans. 2017. *Saṁśodhana Paddhatī: Navoditāmkaritā krmavāra Mārgadarśaka. (Research Methodology: A Step-By-Step Guide for Beginners)*. New Delhi: SAGE Publication India Pvt. Ltd.

**E-sources:**

1. Chicago Manual Style:  
[www.chicagomanualofstyle.org](http://www.chicagomanualofstyle.org)
2. Research Methodology: Methods & Techniques - C. R. Kothari:  
<https://www.modares.ac.ir/uploads/Agr.Oth.Lib.17.pdf>
3. Social Research Methods - Oxford University Press@online resource centres:  
<https://global.oup.com/uk/orc/sociology/brymansrm5e/student/weblinks/ch27/>

**Semester IV**  
**(Elective Courses)**

**\*PA IV.4: Vaṃsa Literature - Mahāvāṃsa**

Credit 1: Introduction to Vaṃsa Literature with special reference to Mahāvāṃsa and survey of modern research; Mahāvāṃsa - Terasamo Paricchedo [Mahindāgamano] (verses 889–909); Cuddasamo Paricchedo [Nagarappavesanaṃ] (verses 910–974)

Credit 2: Pañcadasamo Paricchedo [Mahāvihārapaṭiggahaṇo] (verses 975–1049)

Credit 3: Pañcadasamo Paricchedo [Mahāvihārapaṭiggahaṇo] (verses 1050–1118)

Credit 4: Pañcadasamo Paricchedo [Mahāvihārapaṭiggahaṇo] (verses 1119–1188)

**(Note: Verse Numbers are according to the University of Mumbai edition.)**

**Text books:**

1. Bhagwat, N. K., ed. 2013(1959). *Mahāvāṃsa or The Great Chronicle (of Ceylon)*. Mumbai: Department of Pali, University of Mumbai.
2. Geiger, Wilhelm, ed. 2007. *The Mahāvāṃsa*. Lancaster: The Pali Text Society.

**Reference books:**

1. Geiger, Wilhelm. 1908. *The Dīpavaṃsa and Mahāvāṃsa and Their Historical Development in Ceylon*. Translated by E. M. Coomaraswamy. Colombo: H. G. Cottle.

2. Singh, Paramānand, ed. 1996. *Mahāvamsa along with Hindi Translation*. Translated by Swāmi Dwārikādāsa Śāstrī. Varanasi: Kashi Vidyapith.
3. Turnour, George, ed. 1837. *The Mahāvamsa*. 2 Vols. Colombo: Cotta Church Mission Press.

**E-Source:**

The Mahāvamsa - Wilhelm Geiger:

<http://lakdiva.org/mahavamsa/chapters.html>

**\*PA IV.5: Moggallāna Vyākaraṇa - Tyādikaṇḍa**

Credit 1: Introduction to verbal formation; Paccayavidhāna (rules V.14–V.26); Paccayavidhāna (rules VI.1–VI.14)

Credit 2: Ādesavidhāna (rules VI.15–VI.32)

Credit 3: Ādesavidhāna (rules VI.33–VI.57)

Credit 4: Ādesavidhāna (rules VI.58–VI.78)

**Text book:**

Kausalyayana, Ananda, ed. 1965. *Moggallāna Vyākaraṇa*. Translated by Ananda Kausalyayana. Hoshiarpur: Vishveshvaranand Vaidik Shodh Sansthan.

**Reference books:**

1. Deokar, Mahesh A. 2008. *Technical Terms and Techniques of the Pali and Sanskrit Grammars*. Varanasi: Central Institute of Higher Tibetan Studies.
2. Gornall, Alastair, and Aleix Ruiz-Falqués. 2019. *Scholars of Premodern Pali Buddhism*. Vol. 2 - Lives, in *Brill's Encyclopedia of Buddhism*, edited by Jonathan A. Silk, Richard Bowring Vincent Eltschinger, and Michael Radich, 420–436. Leiden and Boston: Brill.
3. Gornall, Alastair, and Amal Gunasena. 2018. "A History of the Pali Grammatical Tradition of South and Southeast Asia by Vaskaḍuvē Subhūti (1876), Part I." *Journal of the Pali Text Society* 33: 1–53.
4. Gornall, A. 2013. "Buddhism and Grammar: The Scholarly Cultivation of Pali in Medieval Laṅka," diss., University of Cambridge.
5. Kashyap, Bhikshu Jagdish. 1993(1963). *Pāli Mahāvvyākaraṇa*. Delhi: Motilal Banarsidass.
6. Pind, O. H. 2012. "Pāli Grammar and Grammarians from Buddhaghosa to Vajirabuddhi: A Survey." *Journal of the Pali Text Society* 31: 57–124.
7. Tiwari, Laxminarayana, and Birbal Sharma, eds. 1959. *Kaccāyana Vyākaraṇa*. Varanasi: Tara Book Agency.



**E-source:**

A History of the Pali Grammatical Tradition of South and Southeast Asia by Vaskaḍuvē Subhūti (1876), Part I – Alastair Gornall and Amal Gunasena:

[https://www.academia.edu/41678289/2018\\_with\\_Amal\\_Gunasena\\_A\\_History\\_of\\_the\\_Pali\\_Grammatical\\_Traditions\\_of\\_South\\_and\\_Southeast\\_Asia\\_by\\_Vaska%20%281876%29\\_Part\\_I\\_Journal\\_of\\_the\\_Pali\\_Text\\_Society\\_3\\_2018\\_1\\_53](https://www.academia.edu/41678289/2018_with_Amal_Gunasena_A_History_of_the_Pali_Grammatical_Traditions_of_South_and_Southeast_Asia_by_Vaska%20%281876%29_Part_I_Journal_of_the_Pali_Text_Society_3_2018_1_53)

**\*PA IV.6: Advanced Structure of Buddhist Classical Tibetan and Translation Techniques**

Credit 1: Periphrastic constructions, Auxilliary verbs, Causatives, desideratives, duratives

Credit 2: Reflexive pronouns, reciprocal pronouns, diminutive particles; Adverbial particles, intensification, collective particles; Cardinal and ordinal numbers

Credit 3: Reading the select portions of the Tibetan translation of the Mūlamadhyamakakārikā in its Tibetan translation together with the Sanskrit original; Reading the select portions of the Tibetan translation of the Maitrakanyakāvādāna of the Avadānaśataka in its Tibetan translation together with the Sanskrit original

Credit 4: Reading the select portions of the Tibetan translation of the Adhyardhaśataka of Māṭṛceṭa in its Tibetan translation together with the Sanskrit original; Reading the select portions of Subhūticandra's Kavikāmadhenu in its Tibetan translation together with the Sanskrit original

**Text books:**

1. Bailey, D. R. Shackleton, ed. 1951. *The Śatapañcāśataka of Māṭṛceṭa: Sanskrit Text Tibetan Translation, Commentary and Chinese Translation*. Cambridge: Cambridge University Press.
2. Beyer, Stephan V. 1993. *The Classical Tibetan Language*. Delhi: Sri Satguru Publications.
3. Deokar, Lata Mahesh, ed. 2014. *Subhūticandra's Kavikāmadhenu on the Amarakośa 1.1.1 – 1.4.8: Together with Si tu Paṅ chen's Tibetan Translation*. Marburg: Indica et Tibetica Verlag.
4. Hahn, Michael. 1996. *Lehrbuch der klassischen tibetischen Schriftsprache*. Swisttal-Odendorf: Indica et Tibetica Verlag.
5. Hodge, Stephen. 1993. *An Introduction to Classical Tibetan*. Wiltshire: Aris and Phillips Ltd.

6. Tripathi, Shridhar, ed. 1987. *Madhyamakaśāstra of Nāgārjuna with the Commentary: Prasannapadā by Candrakīrti*. Darbhanga: The Mithila Institute of Post-Graduate Studies and Research in Sanskrit Learning.
7. Vaidya, P. L., ed. 2000. *Avadāna-śataka*. second. Darbhanga: The Mithila Institute of Post-Graduate Studies and Research in Sanskrit Learning.

#### Reference books:

1. Grenard, F. 1904. *Tibet: The Country and Its Inhabitants*. London: Paternoster Row.
2. Kapstein, Matthew T., and Brandon Dotson. 2007. *Contributions to the Cultural History of Early Tibet*. Leiden: Brill.
3. McKay, Alex, ed. 2003. *The History of Tibet. Vol. I. The Early Period: to c. AD 850. The Yarlung Dynasty*. London: Routledge Curzon.
4. McKay, Alex, ed. 2003. *The History of Tibet. Vol. II. The Medieval Period: c. 850-1895. The Development of Buddhist Paramountcy*. London: Routledge Curzon.
5. Snellgrove, David, and Hugh Richardson. 2003. *A Cultural History of Tibet*. Bangkok: Orchid Press.
6. van Schaik, Sam. 2011. *Tibet: A History*. New Haven: Yale University Press.
7. Waddell, L. Austine. 1895. *The Buddhism of Tibet or Lamaism*. London: W. H. Allen & Co. Limited.

#### E-sources

1. The Precious Key: An Introduction to Literary Tibetan for Dharma Students - Mccomas Taylor and Lama Choedak Yuthok:  
[http://chl-old.anu.edu.au/languages/tibetan/precious\\_key.pdf](http://chl-old.anu.edu.au/languages/tibetan/precious_key.pdf)
2. <https://library.columbia.edu/libraries/eastasian/tibetan/links1.html>
3. <https://treasuryoflives.org>
4. <https://library.columbia.edu/indiv/eastasian/tibetan/guide.html>
5. <http://www.aibs.columbia.edu/databases/login/login-form.php>
6. <http://bmc.lib.umich.edu/bas>
7. <http://latse.org/byara>
8. <http://www.columbia.edu/cgi-bin/cul/resolve?AUS5589>
9. <http://www.tibetbook.net>
10. <http://www.thlib.org/>
11. <http://www.asianclassics.org/>
12. <http://www.tbrc.org>
13. <http://web1.otani.ac.jp/crj/twrpe/peking/>

14. <http://www.dtab.uni-bonn.de/>
15. <http://otdo.aa-ken.jp/>
16. <http://idp.bl.uk/>
17. <http://www.himalayanart.org/>
18. <http://interactive.rma2.org>
19. <http://www.digitalhimalaya.com/>
20. [www.tibetmap.com](http://www.tibetmap.com)
21. <http://thlib.org/reference/>
22. <http://nitartha.org/>
23. <http://www.thlib.org/collections/texts/jiats/>
24. <https://clio.columbia.edu/catalog>
25. <http://www.tibetology.ac.cn/>
26. <https://www.aai.uni-hamburg.de/en/forschung/ngmcp>
27. <http://www.ciolek.com/WWWVL-TibetanStudies.html>

**\*PA IV.7: Buddhism in The Modern World**

Credit 1: Post-Ambedkar Buddhist Movement in India: Activities of Buddhist Society of India, Trailokya Bauddha Mahāsaṅgha Sahāyaka Gaṇa, The Tibetan Buddhist Movements, S. N. Goenka's Vipassana Movement, etc.

Credit 2: Socially Engaged Buddhism in Countries with Theravada Background: Sri Lanka, Thailand, Myanmar, etc.

Credit 3: Socially Engaged Buddhism in Countries with Mahayana Background: China, Taiwan, Vietnam, Japan, Korea, etc.

Credit 4: Socially Engaged Buddhism in other parts of the World: Europe, America and Africa

**Text books:**

1. Coleman W. James. 2001. *The New Buddhism: The Western Transformation of an Ancient Tradition* Oxford: University Press.
2. King, S. B. 2009. *Socially Engaged Buddhism*. Honolulu: University of Hawai'i Press.
3. McMahan, L. David. 2008. *The Making of Buddhist Modernism*. Oxford: University Press.
4. Queen, Christopher, and King Sallie, eds. 1996. *Engaged Buddhism: Buddhist Liberation Movements in Asia*. Albany: State University of New York Press.

5. Queen, Christopher, ed. 2000. *Engaged Buddhism in the West*. Boston: Wisdom Publications.

**Reference books:**

1. Aung San Suu Kyi. 1995. *Freedom from Fear & Other Writings*. New York: Penguin Books.
2. Buddhadasa, Bhikkhu. 1985. *Dharmic Socialism*. Bangkok: Thai Inter-Religious Commission for Development.
3. Deokar, Mahesh, Pradeep Gokhale, and Lata Deokar, eds. 2016. *Bauddha Vicāradhārā*. Pune: Department of Pali, Savitribai Phule Pune University.
4. Donald S. Lopez. Jr. 2002. *A Modern Buddhist Bible*. Boston: Beacon Press.
5. Hart, William. 2011. *The Art of Living: Vipassana Meditation as Taught by S. N. Goenka*. Onalaska: Pariyatti Publishing.
6. Jones, Charles. 1999. *Buddhism in Taiwan: Religion and the State 1660-1990*. Honolulu: University of Hawaii Press.
7. Jones, Ken. 2003. *The New Social Face of Buddhism: A Call to Action*. Boston: Wisdom Publications.
8. Keown, Damien, Charles Prebish, and Wayne Husted, eds. 1998. *Buddhism and Human Rights*. Surrey, U.K.: Curzon Press.
9. Kotler, Arnold, ed. 1996. *Engaged Buddhist Reader*. Berkeley: Parallax Press.
10. Lama, Dalai. 1999. *Ethics for the New Millennium*. New York: Riverhead Books.
11. Loy, David. 2003. *The Great Awakening: A Buddhist Social Theory*. Boston: Wisdom Publications.
12. Macy, Joanna. 1985. *Dharma and Development: Religion as Resource in the Sarvodaya Self-Help Movement*. West Hartford, CT: Kumarian Press.
13. Nhat Hanh, Thich. 1987. *Being Peace*. Berkeley: Parallax Press.
14. Nhat Hanh, Thich. 1998. *Interbeing: Fourteen Guidelines for Engaged Buddhism*. Berkeley: Parallax Press.
15. Pratap, Mrigendra. 2014. "The New Buddhism of Japan." *The Ocean of Buddhist Wisdom* VIII: 194–206.
16. Sangharakshita. 1999. *The Bodhisattva Ideal*. Birmingham, U. K.: Windhorse Publications.
17. Sivaraksa, Sulak. 1988. *A Socially Engaged Buddhism*. Bangkok: Thai Inter-Religious Commission for Development.

**E-Sources:**

1. Bhikkhu Buddhadasa:  
<https://www.suanmokkh.org/>
2. Dalai Lama:  
<https://www.dalailama.com/>
3. Dr. A. T. Ariyaratne:  
<https://www.sarvodaya.org/>
4. Ethics of Altruism: A Guide to the Dalai Lama's Teachings on Compassionate Living:  
<https://dharmanet.org/coursesM/25/ethics0.htm>
5. Humanistic Buddhism: Fo Guang Shan Monastery:  
<https://www.fgs.org.tw/en/>
6. International Network of Engaged Buddhists (INEB):  
<http://inebnetwork.org/>
7. Sangharakshita:  
<https://www.sangharakshita.org/index.php>
8. The Wheel of Engaged Buddhism: A New Map of the Path - Kenneth Kraft:  
<https://dharmanet.org/coursesM/32/wheel0.htm>
9. Thich Nhat Hanh:  
<https://plumvillage.org/>
10. Triratna Buddhist Community:  
<https://thebuddhistcentre.com/text/what-triratna-buddhist-community>
11. Vipassana Research Institute:  
<https://www.vridhamma.org/>
12. Writings and Speeches of Dr. B. R. Ambedkar in English and Hindi:  
<http://drambedkarwritings.gov.in/content/writings-and-speeches.php>
13. Z-Library: Thich Nhat Hanh:  
<https://b-ok.cc/s/Thich%20nhat%20hanh>

**\*PA IV.8: Methods of Mind Cultivation**

Credit 1: Nature of human distress - Psychological perspective: The 3D model of distress, development-distress-disorder; developmental hazards; stress-distress-eustress; normal and abnormal behaviour; Buddhist perspective - Nature of Dukkha; types of Dukkha: Dukkhadukkhatā (Dukkha caused by distress), Vipariṇāmadukkhatā (Dukkha caused by change), Saṅkhāradukkhatā (Dukkha caused by conditionality); factors obstructing the development of mind: Āsava (intoxicants), Nīvaraṇa (hindrances), Saṃyojana (fetters),

Anusayakilesa (proclivities); behaviour: Kamma (ethical action): Kusala (wholesome), Akusala (unwholesome), Abyākata (undetermined), Cetanā (volition), Kammāpatha (course of action), Kammadvāra (door of action): Kāya (body), Vaci (speech), Mano (mind); Viññatti (communication): Kāyaviññatti (bodily communication) and Vaciviññatti (verbal communication); comparison between the psychological and the Buddhist concept of distress

Credit 2: Causes of human distress - Psychological perspective: Biological, psychological and social causes of mental illness; Buddhist perspective - Unwholesome roots of behaviour: Lobha (greed or passion), Dosa (hatred or malice), Moha (delusion or false belief); Taṇhā (craving), Māna (estimation), Diṭṭhi (wrong view); Vipallāsa (distortion); erroneous emotion and cognition as a source of suffering; comparison between the psychological and the Buddhist perspectives on the causes of human distress

Credit 3: Ways out of distress - Psychological perspective: Major types of psychotherapy: Rational Emotive Behaviour Therapy (REBT), Behaviour Therapies, Humanistic Therapies, Psychoanalytic Therapies, Mindfulness Based Therapies; nature, process, mechanisms, and goals of psychotherapy; limitations of psychotherapy and support from drugs; Buddhist perspective - Factors supporting development of mind: Kusalamūla (wholesome roots of behaviour): Alobha (non-greed), Adosa (non-hatred), Amoha (non-delusion); Sammāpādhāna (right exertion); Indriya (faculty); Bala (power); Bojjhaṅga (factors of enlightenment); Ti-sikkhā (remedy of threefold training) and Aṭṭhaṅgikamagga (eightfold path): Sīlasamādāna (undertaking precepts), Samādhi (concentration), Kammaṭṭhāna (object of concentration meditation), Vipassanāñāṇa (insight knowledge); sevenfold Visuddhi (purification)

Credit 4: Therapeutic aspects of Buddhist meditation - Sati meditation based on Satipaṭṭhānasutta, four foundations of mindfulness: Kāyānupassanā (contemplation of body), Vedānānupassanā (contemplation of feelings), Cittānupassanā (contemplation of mind), Dhammānupassanā (contemplation of phenomena); other techniques of mind cultivation: Seven-fold techniques of removing defilements based on Sabbāsavasutta; techniques of regulating thoughts based on Vitakkasaṅgāhanasutta; practice of Brahmavihāras, etc.; modern adaptations of Buddhist meditation: S. N. Goenka, Mahasi Sayadaw, Thich Nhat Hanh, and Sangharakshita; review of scientific studies assessing the mental health effect of Buddhist meditation; therapeutic mechanism in Samatha and Vipassanā meditation: Cognitive and emotional processes during meditation; ways of incorporating Buddhist meditation in psychotherapy and its limitations

**Text books:**

1. Anālayo. 2003. *Satipaṭṭhāna: The Direct Path to Realization*. Kandy: Buddhist Publication Society.
2. Ciccarelli, Sandra K., and J. Noland White. 2009. *Psychology*. United State: Pearson.
3. Dharmarakshita, Bhikshu, trans. 1957. *Visuddhi Mārga*. Varanasi: Mahabodhi Sabha.
4. Horner, I. B., trans. 2004. *The Collection of The Middle Length Sayings (Majjhima-Nikāya)*. 3 Vols. Delhi: Motilal Banarsidass Publishers Private Limited.
5. Moray, M. S., trans. 2007–2015(1978–1988). *Majjhimanikāya*. 3 Vols. Pune: Sugava Prakashan.
6. Ñānamoli, Bhikkhu. 2010(1956) *Visuddhimagga: The Path of Purification*. Colombo: Buddhist Publication Society.
7. Nissanka, H. S. S. 1993. *Buddhist Psychotherapy*. New Delhi: Vikas Publishing House.
8. Śāstrī, Swāmī Dwārikādās, ed. 1998. *Suttapiṭake Majjhimanikāyapāli (I. Mūlapaṇṇāsakaṃ)*. Vol. 1–2. Translated by Swāmī Dwārikādās Śāstrī. Varanasi: Bauddha Bhāratī.  
(Note: Only for Sabbāsavasutta, Madhupiṇḍikasutta, Satipaṭṭhānasutta, and Vitakkasaṅṭhānasutta)

#### Reference books:

1. Dalal, Ajit K., Anand Paranjpe, and K. Ramakrishna Rao. 2011(2008). *Handbook of Indian Psychology*. Foundation Books.
2. Kalupahana, J. David. 1987. *The Principles of Buddhist Psychology*. Albany: State University of New York Press.
3. Mahathera, Narada. 2013(1956). *A Manual of Abhidhamma*. Kolkata: Maha Bodhi Book Agency.
4. Nyanatiloka, Venerable. 1988. *Buddhist Dictionary, Manual of Buddhist Terms and Doctrines*. Kandy: Buddhist Publication Society.
5. Shāstrī, Swāmī Dwārikādāsa, trans. 2005. *Dīghanikāyapāli (Sīlakkhandhavaggo)*. Varanasi: Bauddha Bharati.
6. Tiwari, M. 1987. *Sīla, Samādhi and Prajñā (The Buddha's Path of Purification)*. Patna: K. P. Jayaswal Research Institute.
7. Upadhyaya, Tapasya, trans. 1995–1998. *Visuddhimaggo Paṭhamo-Dutiyo Bhāgo*. Edited by Swāmī Dwārikādāsā. Varanasi: Bauddha Bharati.  
(Note: For the relevant portions of the course)

### **E-sources:**

1. A Manual of Abhidhamma - Narada Maha Thera:  
[http://www.buddhanet.net/pdf\\_file/abhidhamma.pdf](http://www.buddhanet.net/pdf_file/abhidhamma.pdf)
2. Art of Living Vipassana Meditation – S. N. Goenka:  
<http://www.cicp.org.kh/userfiles/file/Publications/Art%20of%20Living%20in%20English.pdf>
3. Basics of Psychotherapy – B. E. Wompold:  
<https://www.apa.org/pubs/books/Basics-of-Psychotherapy-Second-Edition-Ch1-Sample.pdf>
4. Buddhist Dictionary (Manual of Buddhist Terms and Doctrines) - Venerable Nyanatiloka:  
<http://ftp.budaedu.org/ebooks/pdf/EN012.pdf>
5. Insight-Meditation – Mahashi Sayadaw:  
<https://holybooks-lichtenbergpress.netdna-ssl.com/content/uploads/InsightMeditation.pdf>
6. Practical Vipassana Exercise – Mahashi Sayadaw:  
[http://www.buddhanet.net/pdf\\_file/mahasit1.pdf](http://www.buddhanet.net/pdf_file/mahasit1.pdf)
7. Test of Freedom – Sangharakshita:  
[https://www.sangharakshita.org/\\_books/taste-freedom.pdf](https://www.sangharakshita.org/_books/taste-freedom.pdf)
8. The Art of Dying - S. N. Goenka:  
[http://www.dhammadownloads.com.au/the\\_art\\_of\\_dying.pdf](http://www.dhammadownloads.com.au/the_art_of_dying.pdf)
9. The Principles of Buddhist Psychology - Kalupahana J. David:  
[http://www.ahandfulofleaves.org/documents/Principles%20of%20Buddhist%20Psychology\\_Kalupahana.pdf](http://www.ahandfulofleaves.org/documents/Principles%20of%20Buddhist%20Psychology_Kalupahana.pdf)
10. The purpose and practice of Buddhist Meditation – Sangharakshita:  
<https://www.windhorsepublications.com/product/the-purpose-and-practice-of-buddhist-meditation-a-source-book-of-teachings/>
11. Visuddhimagga Path of Purification - Bhikkhu Nanamoli:  
<https://www.accesstoinsight.org/lib/authors/nanamoli/PathofPurification2011.pdf>

### **\*PA IV.9: Buddhist Epigraphy II**

Credit 1: Introduction to epigraphical records and ancient scripts; significance of inscriptions in reconstruction of history of Buddhism; geographic distribution of Buddhist inscriptions; development of Brāhmī script: Northern and Southern versions, box-headed and nail-headed



Brāhmī scripts; Siddhamātrkā: Orthography, decipherment of letters and numerals;  
Saindhavī: Orthography, decipherment of letters and numerals

Credit 2: Inscriptions of the Post-Mauryan period (Indo-Greek, Kuṣāṇa, Sātavāhana-Kṣatrapa, and Ikṣavāku periods); introduction to Post-Mauryan inscriptions: Nature, geographic distribution, categories, and language; Piprahwā relic casket inscription; Bharhuta label inscriptions (gift of Jetavana pillar); Takṣaśilā copper plate inscription of Patika (year 78); Kalawana copper plate inscription of Patika (year 134); Kārle inscription of Bhūtapāla; Nāśika inscription of Gautamīputra Sātakarṇī (year 24); Kārle caitya inscription of Uṣavadāta; Sāranātha Bodhisattva image inscription of Kaniṣka I (year 3); Manikyala relic casket inscription of Kaniṣka I (year 18); Nāgārjunakoṇḍā inscription of Virapurishadatta (year 6)

Credit 3: Inscriptions of Gupta-Vākāṭaka and the post-Gupta period - Introduction to inscriptions of the Gupta-Vākāṭaka and the post-Gupta period: Nature, geographic distribution, categories and language; Ajantā cave No. 16 inscription of Varāhadeva; Sāñchi inscription of Kumāragupta I (year 131); Mandasaur inscription of Govindagupta (Mālavā Era 524); Nālandā inscription of Yaśovarmā; Bodhagayā inscription of Mahānāma (Year 269); Bodhagayā inscription of Tuṅga Dharmāvaloka; Nālandā copper plate of Devapāladeva

Credit 4: Introduction to inscriptional Prakrit (Post-Mauryan Period) and Sanskrit - Phonology: Alphabets - Vowels, consonants and consonant clusters; phonetic change in comparison with Pali and Sanskrit; morphology: Nominal bases: Additions, omissions and innovations; verbal stems: Additions, omissions and innovations; declension system; conjugational system; secondary derivatives; vocabulary; syntax and semantics: Comparison with Pali and Sanskrit syntax

**Text books:**

1. Dani, Ahmad Hasan. 1963. *Indian Palaeography*. Oxford: Clarendon Press.
2. Gokhale, S. 2007(1975). *Purābhilekhavidyā*. Pune: Continental Prakashan.
3. Salomon, Richard. 1998. *Indian Epigraphy*. New Delhi: Munshiram Manoharlal Publishers Pvt. Ltd.
4. Sircar, D. C. 1986. *Select Inscriptions*. Vol. 1. Delhi: Asian Humanities Press.

**Reference books:**

1. Bhandarkar, D. R. 1936(1935). *A List of the Inscriptions of Northern India in Brahmi and its Derivative Scripts, from about 200 B.C.* In: Appendix to Epigraphia Indica vols. 19–23.

2. Bhandarkar, D. R. 1981. *Inscriptions of the Early Gupta Kings, Corpus Inscriptionum Indicarum*. Vol. III. Edited by B. Chhabra and G. S. Gai. New Delhi: Archaeological Survey of India.
3. Bühler, George. 1959. *Indian Palaeography*. Calcutta: Indian Studies
4. Goyal, S. R. 2005. *Ancient Indian Inscriptions*. Jodhpur: Kusumanjali Book World.
5. Lüders, H. 1912. *A List of Brahmi Inscriptions from the Earliest Times to About A.D. 400 with the Exception of those of Asoka*. In: Appendix to Epigraphia Indica Vol. 10.
6. Mehendale, M. A. 1948. *Historical Grammar of Inscriptional Prakrits*. Poona: Deccan College Post-Graduate and Research Institute.
7. Mirashi, V. V. 1963. *Inscriptions of the Vakatakas, Corpus Inscriptionum Indicarum*. Vol. 5. New Delhi: Archaeological Survey of India.
8. Mirashi, V. V. 1981. *The History and Inscriptions of the Satavahanas and the Western Kshatrapas*. Bombay: Maharashtra State Board of Literature and Culture.
9. Pandey, R. 1957. *Indian Palaeography*. Delhi: Motilal Banarasidass Publisher Pvt. Ltd.
10. Raghunath, K. 1998. *The Ikṣvākus of Vijaya Puri: A Study of the Nagarjunakonda Inscriptions*. Delhi: Eastern Book Linkers.
11. Ramesh, K. V. 1984. *Indian Epigraphy*. Delhi: Sundeep Prakashan.
12. Srinivasan, P. R., and S. Sankaranarayanan. 1979. *Inscriptions of the Ikshvaku Period*. Hyderabad: Andhra Pradesh Government.

**E-source:**

Indian Culture - P.08 Indian Epigraphy, M-12, M-13, M-30, e-PG Pathshala, MHRD/UGC, no Fees, (Credit-1 & 2)

**\*PA IV.10: Buddhism and Western Philosophy**

[Objective: To introduce the doctrines and discussions in the western philosophy on some important issues common to Buddhism. The student is not supposed to do comparison between Buddhism and western philosophy as a part of this course, but to enrich the understanding of Buddhism in a broader framework. The course consists of four credits. Under each credit first the broad theme and the western theories and philosophers are mentioned. It is followed by a square bracket in which the relevant Buddhist philosophers, their doctrines and concepts are mentioned.]

Credit 1: What is Philosophy - Love of wisdom, rational inquiry, logic as the essence; rhetoric, philosophical analysis [Prajñā, Pramāṇa, Prameya, and Puruṣārtha; theory of Vāda, Nītārtha-Neyārtha]; Nature of Reality: Permanence and impermanence - Parmenides,

Heraclitus [Sautrāntika; Dharmakīrti]; Structure of Reality: Realism and Idealism - Plato, Aristotle, Berkeley, David Hume [Sarvāstivāda (classification of Dharmas as Skandha, Āyatana, and Dhātu), Vijñaptimātratā]

Credit 2: Universals - Plato, Aristotle, Wittgenstein (Realism, Conceptualism, Nominalism) [Dinnāga, Dharmakīrti, Nāgārjuna]; Causation - Aristotle, Hume, Kant, Bergson [Pratītyasamutpāda: Its Theravāda and Mādhyamika interpretation; the doctrine of four pratyayas]

Credit 3: Soul-Mind-Body - Plato, Descartes, Hume, Gilbert Ryle [Anattā, the doctrine of Pañcaskandhas, Pudgalavāda, Vijñānavāda]; epistemology: Empiricism and Rationalism; synthetic-analytic - Descartes, Locke, Hume, Kant [Pratyakṣa and Anumāna in Dharmakīrti's epistemology]

Credit 4: Ethics: Egoistic, altruistic, and universalistic; Hedonism - Aristotle, Hobbes, Kant and J. S. Mill ["Bahujanahitāya, Bahujanasukhāya..."], the concept of Middle Path, Arhat and Bodhisattva ideal]; recent trends: Phenomenology (Husserl), Deconstruction (Derrida), Post-modernism (Lyotard) [Vijñānavāda (Vasubandhu), Śūnyatā (Nāgārjuna), Kṣaṇikatā (Dharmakīrti)]

**Text books:**

1. Chattopadhyaya, D. P., Lester Embree, and Jitendranath Mohanty, eds. 1992. *Phenomenology and Indian Philosophy*. New Delhi: Motilal Banarsidass.
2. O'Connor, D. J. 1964. *A Critical History of Western Philosophy*. London: Collier Macmillan Publishers.
3. Russell, Bertrand. 1978. *Problems of Philosophy*. London: Oxford University Press.

**Reference books:**

1. Anderson, Walter Truett, ed. 1996. *The Fontana Post-modern Reader*. London: Fontana Press.
2. Bapat, Lata. *Abhidharmakośa: A Study with a New Perspective*. Delhi: Bharatiya Vidya Prakashan.
3. Copleston, F. 1994(1962). *History of Philosophy*. 7 Vols. New York: Image Books.
4. Coward, Harold, and Toby Foshay, eds. 1992. *Derrida and Negative Theology*. Albany: State University of New York Press.
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**\*PA IV.11: Comparative Philology**

Credit 1: Phonology of Indo-Aryan Languages - Alphabets of Vedic Sanskrit, Classical Sanskrit, Pali, Prakrits, and Apabhramśa: Vowels of Indo-Aryan and the development therein, Consonants and their development, Visarga and Anusvāra, and the change therein, Consonant Clusters and their development

Credit 2: Morphology of Indo-Aryan Languages - Nominal Bases: Additions, omissions, and innovations; Verbal Stems: Additions, omissions, and innovations; Declension System; Conjugational System; Secondary Derivatives; Vocabulary

Credit 3: Syntactical and Semantic changes in Indo-Aryan Languages - Sanskrit Syntax: An Introduction; Pali Syntax: Peculiarities; Prakrit Syntax: Peculiarities

Credit 4: Modern Vernaculars and their development

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